NECTAR & PULSE®

LIFE IS A JOURNEY

Hello curious soul,

Nectar & Pulse is your number 1 source for curated travel and lifestyle tips.
We know your time is precious – we help you to make the most of it.
Let us take you on an intimate journey to our favourite neighbourhood deli or
quaint vintage boutique. Dive into a vibrant art gallery, a hidden café, a delicious restaurant,
a buzzing underground club or a secret beach. Go out and explore the world like you have never seen it before.

We love to follow **your** adventures!
Tag your favourite travel moments, people you meet or places you fall in love with.

#NECTARANDPULSE @NECTARANDPULSE

WWW.FACEBOOK.COM/NECTARANDPULSE @NECTARANDPULSE

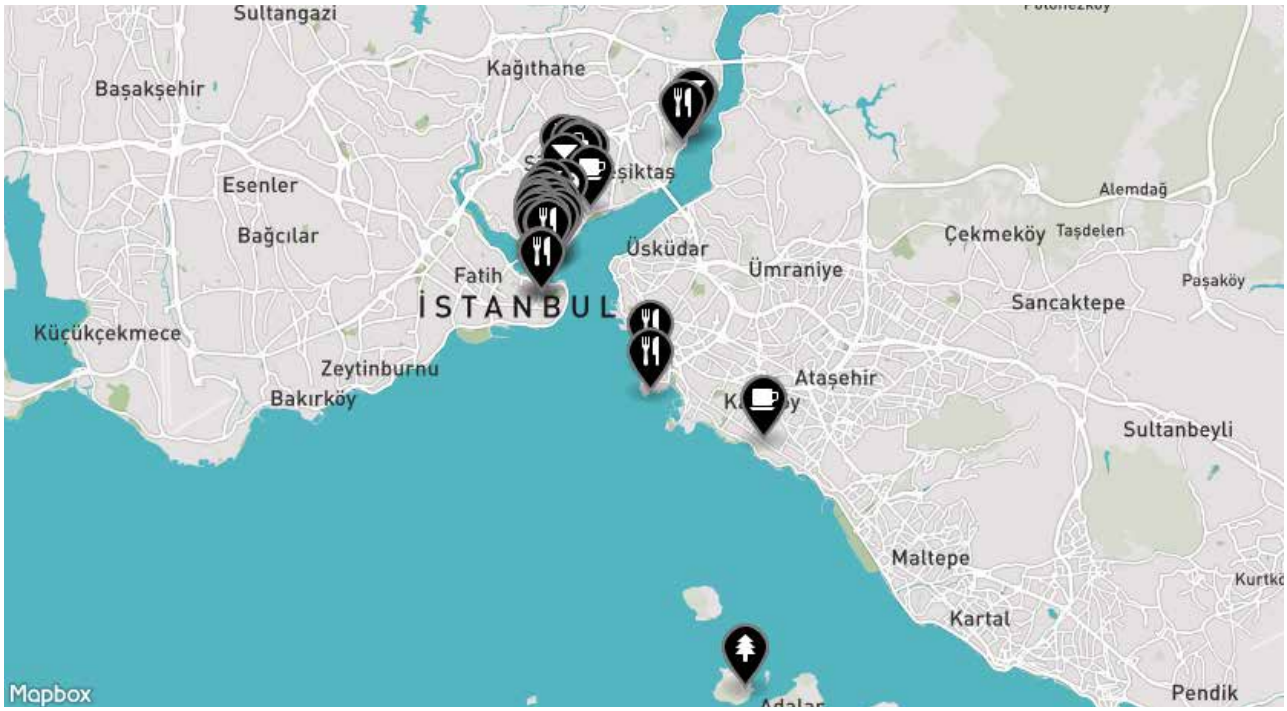
Have you already seen our other guides to New York, Zermatt, Ibiza, London, Iceland, Oman, Maldives ... ?
WWW.NECTARANDPULSE.COM

---

24 HOURS IN

Istanbul

BY KEREM ARIS & MERVE PARNAS
Newlyweds | Aesthetes | Adventure Seekers



OUR PERFECT 24 HOURS IN ISTANBUL

One of our favourite districts in Istanbul is Beyoglu, which includes the magnificent **Taksim Square** and the neighbourhoods Cihangir, Karaköy, Asmalımescit and Galata, the heart of the city. We especially love these areas because you can encounter a mosaic of people from every sociocultural milieu, there is something happening at any hour of the day, and there are so many places to eat, drink, and party. Especially Galata is where we like to visit design shops and cafés. Lately the Topagaci area in **Nisantasi** has become very popular for dining, having drinks or coffee. An abundance of little cafés, restaurants and pubs have opened their doors in recent years.

Get going with some first-rate coffee from **Federal Coffee** in Galata. It is our favourite place for coffee, as well as for the stylish interior design and the lovely outdoor seating. The small but welcoming café **Kronotrop** in the Cihangir neighbourhood is another place to enjoy a decent cup of coffee. **M.O.C coffee shop**, located in Topagaci, in the Nisantasi district, is also high on our list, and for good reason. They are the best cold brew coffee makers in town and the shop is a nice place to sit down and get some work done. And when you get tired of looking at your computer screen, you can go upstairs to their tiny library and grab yourself a book to read for a little timeout.

The House Café is another great breakfast place. Not only do they have an appetising menu for every hour of the day, they've also decorated beautifully. On the Anatolian side of Istanbul you have **Drip Coffeeist**, which employs some very unusual brewing methods. They also serve tasty cakes and other treats.

Your next stop should definitely be the **Istanbul Modern Museum**, a contemporary art museum that showcases permanent collections alongside some highly interesting temporary exhibitions. There is also a large number of art galleries and museums around the Taksim area and the whole Nisantasi neighbourhood, all of which are worth seeing.

When lunchtime rolls around, we recommend getting yourself something that doesn't take up too much time, as there is still so much to see and do. If you happen to be near the historical centre of Istanbul, head to **Filibe Koftecisi** (in Sirkeci) for the best meatballs in Istanbul. Next to this place, in the same street, there are many more excellent places to have lunch. For a genuine local kebab experience try **Kasap Osman** and for 'pide' try **Hocapasa Pide**. For a delicious and juicy burger, **Virginia Angus** in Nisantasi is the place to go.

After lunch, you might want to do some shopping. Head to Galata or Karaköy and have a look inside the store **290sqm**, an Amsterdam-based label that carries unique casual streetwear with a special twist (for him and her). If you're into interior design, make sure to stop by the design store **Archive**, which has an amazing selection of innovative design furniture and interior accessories. In the same vein, **Gallery Rooms** offers some fantastic pieces of art with which to spruce up your own home. And go check out **Bey Karaköy**—this new hot spot is a must-visit for stylish men. If you're still up for some shopping after all these, head to the district of Nisantasi, where you can get your hands on high-end fashion and extraordinary designer items at **Vakkorama**, **V2K designers**, and **Beymen**.

Have your afternoon tea in the beautiful setting of the **Swissotel** while enjoying the incredible view over the Bosporus from their rooftop terrace. This centrally located five-star property is set inside a huge garden and also has a fantastic spa. **Bankerhan Hotel**, **The Sofa Hotel**, **Witt Istanbul Hotel** and **The House Hotel** are also some exceptional places to stay while in Istanbul.

For an awesome dinner there are quite a few options worth considering. There's **Koço**, a fish

restaurant in Moda where you can watch a beautiful sunset, drink a glass of raki, and enjoy superb seafood. **Adana Ocakbasi** is a small but nonetheless delightful kebab restaurant and so is **Sanda Tiryaki Ocakbasi**, located in the charming Arnavutköy area near the Bosporus. **Yeni Lokanta** serves typical Turkish food with a modern sensibility; it's an accomplished fusion of traditional cuisine and contemporary influences. **Ferah Feza** in Karaköy feels a little posh, which doesn't however stop it from being a very special restaurant, owing to its incredible menu and the magnificent view over the Bosporus. **Asmali Cavit** is a more traditional place, a so-called 'meyhane', with traditional, tasty Turkish meze. Do not forget to drink their raki, of course. **Karaköy Lokantasi** is another authentic Turkish restaurant with wonderful seafood. Lastly, you'll find more Turkish delights—including the best cooked lamb and kebabs—at **Ciya Sofrasi**, in Kadiköy.

If the raki hasn't knocked you off your feet yet, have an after-dinner drink at **Colonie** in Karaköy. This venue has a very cool interior and a well-stocked bar. You absolutely must stop by **Off Pera** at some point during the night; they play some great music and the small space has a lovely laid-back vibe. If you really want to go hard, check out **Klein** or **Kloster**, where you can dance the entire night away. On warm summer nights, **Nupera**'s rooftop is especially delightful with its view of the Golden Horn. **Mitte** in Karaköy is another fine place for a fun night out in Istanbul. The neighbourhood of Arnavutköy has recently become popular for its nightlife as well. Two favourite bars of ours are **Luzia** and **Alexandra**, two places where you can enjoy some outstanding cocktails.

Whenever we feel like escaping the urban chaos, we head to the island of **Burgazada**, a short ride away on the ferry. It's one of our favourite places for a weekend getaway, to recharge our batteries for vibrant life in Istanbul.

Enjoy exploring,
Merve & Kerem

TAKSIM SQUARE

ARTS & CULTURE

Taksim, Beyoğlu, Turkey

This is considered to be the heart of modern Istanbul.

KRONOTROP

CAFÉ

Kuloğlu Mh., Firuzağa Cami Sokak No:2,
Beyoğlu/Istanbul, Turkey
www.kronotrop.com.tr/en

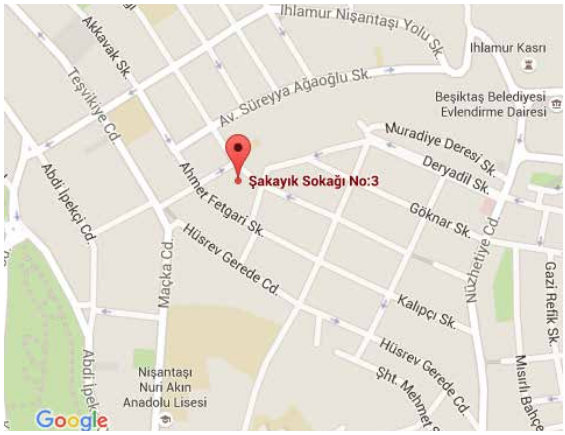
Really good coffee and a cool atmosphere.

M.O.C ISTANBUL

CAFÉ

Teşvikiye, Şakayık Sokağı No:3, 34365 Şişli/İstanbul
www.mocistanbul.com

Nice place to hang out and read a book.



DRIP COFFEIST

CAFÉ

Suadiye, Noter Sk. No:15, 34740 Kadıköy/İstanbul, Turkey

Special coffee brewing methods on the Anatolian side of Istanbul.

NISANTASI

RESTAURANTS

Teşvikiye, Teşvikiye Cd. No:10, 34367 Şişli/İstanbul, Turkey

Especially the Topagaci area is full of terrific restaurants, cafés and bars in the neighbourhood Nisantasi.

FEDERAL COFFEE

CAFÉ

Istanbul, Şahkulu, Küçük Hendek Caddesi No:7, Beyoğlu, Turkey
www.federal.coffee

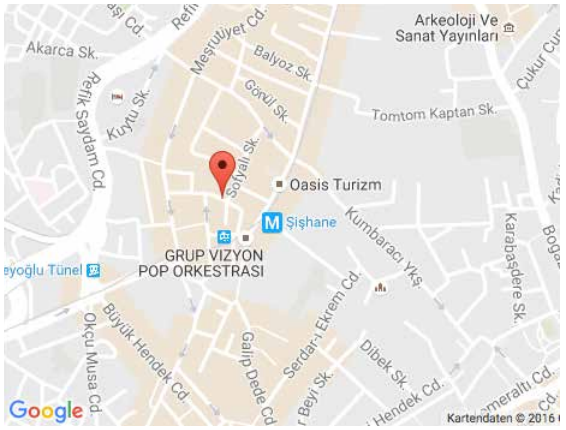
Enjoy an outstanding cup of coffee in this vibrant district.

THE HOUSE CAFÉ

CAFÉ

Asmalı Mescit, General Yazgan Sk. No:8, 34430 Beyoğlu/ İstanbul, Turkey
www.thehousecafe.com

The House Café has several branches throughout the city and they do everything—breakfast, lunch, afternoon tea, dinner. We love to go here for breakfast especially.



ARCHIVE

SHOP

Şahkulu Mahallesi, Serdar-ı Ekrem Caddesi No:19, Beyoğlu/ Istanbul, Turkey
www.archive.com.tr

Pop in the design store Archive and marvel at their cool interior design pieces.

KASAP OSMAN

RESTAURANT

Hoca Paşa, İbni Kemal Cd. No:52, 34110 Fatih/İstanbul, Turkey
www.kasaposman1964.com

An authentic and delicious kebab experience. Enjoy!

HOCAPASA PIDE

RESTAURANT

Hoca Paşa Mahallesi, Hocapaşa Pidecisi, Fatih/Istanbul, Turkey
www.hocapasa.com.tr

Pide is a typical turkish flatbread, mostly filled with different vegetables, meat or cheese.

GALLERY ROOMS

SHOP

Tomtom, Kaymakam Reşat Bey Sk. No 38, 34433 Beyoğlu/İstanbul, Turkey
www.g-alleryrooms.com

There's a lot fantastic art to be had at the Gallery Rooms—pimp your living room!

BANKERHAN HOTEL

SLEEP

Bereketzade, Banker Sk. No:2, 34421 Beyoğlu/İstanbul, Turkey
www.bankerhan.com/hotel-bankerhan

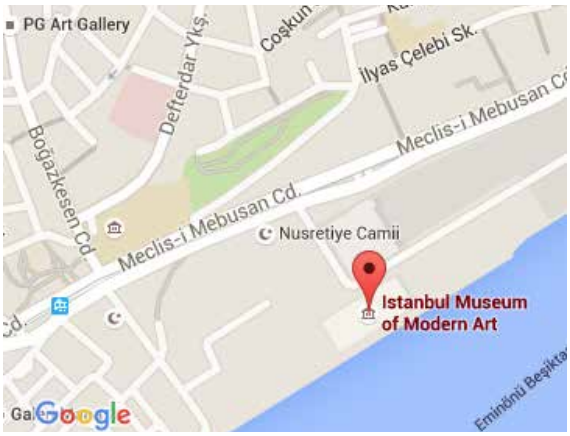
A very centrally located hotel. From here you can already explore a lot by foot!

ISTANBUL MODERN MUSEUM

ARTS & CULTURE

Kılıçali Paşa, TDİ AŞ Yönetim Kurulu Başkanlığı, 34425 Beyoğlu/İstanbul, Turkey
www.istanbulmodern.org/en

Always showcasing incredible exhibitions.



290 SQARE METERS

SHOP

Şahkulu, Serdar-ı Ekrem Cd. No:31, 34421 Beyoğlu/ İstanbul, Turkey
www. ist.290sqm.com

The Dutch founder of this label, Ido de Voos, has an eye for fashionable and cool designs.

VAKKORAMA

SHOP

Harbiye, Abdi İpekçi Cd. No:33, 34367 Şişli/İstanbul
www.vakkorama.com.tr/magazalar

Young and cool fashion!

V2K DESIGNER

SHOP

Harbiye, Abdi İpekçi Cd. 27A, 34367 Şişli/İstanbul
www. shop.vakko.com/tr/v2k-designers-kadin-elbise

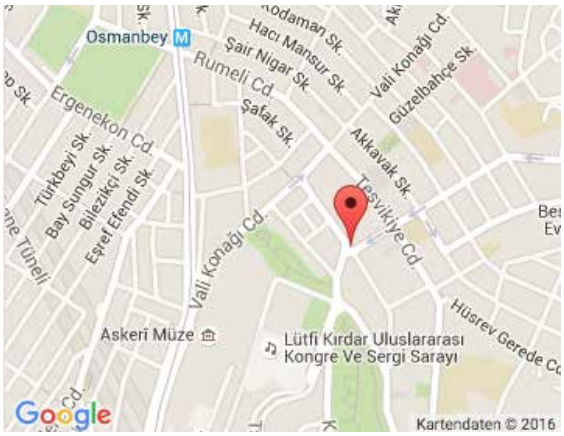
From chic to casual, they have something for everybody.

BEYMEN

SHOP

Harbiye, Abdi İpekçi Cd. No:25, 34367 Şişli/İstanbul
www.beymen.com

They offer more than 400 designer brands in this store.



BEY KARAKÖY

SHOP

Kemankeş Karamustafa Paşa, Mumhane Cd. No:56, 34425 Beyoğlu/İstanbul, Turkey
www. beykarakoy.com

Scandinavian and European-inspired menswear made by local designers.

ADANA OCAKBASI

RESTAURANT

Bozkurt, Bay Sungur Sk. No:4, 34375 Şişli/İstanbul

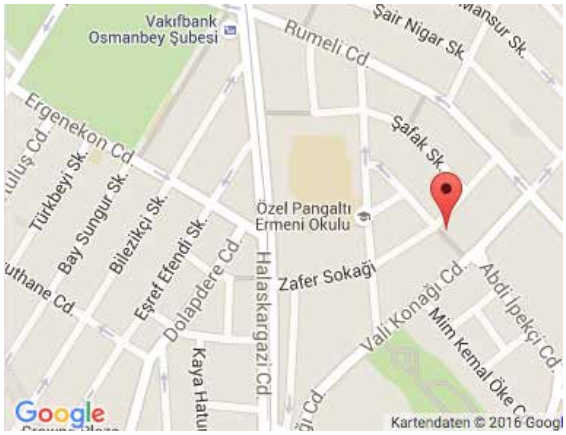
A great kebab restaurant with a large open grill.

VIRGINIA ANGUS

RESTAURANT

Halaskargazi, Kuyumcu İrfan Sk. 8-10, 34371 Şişli/İstanbul, Turkey
www.virginiaangus.com.tr

Mouth-watering burgers!

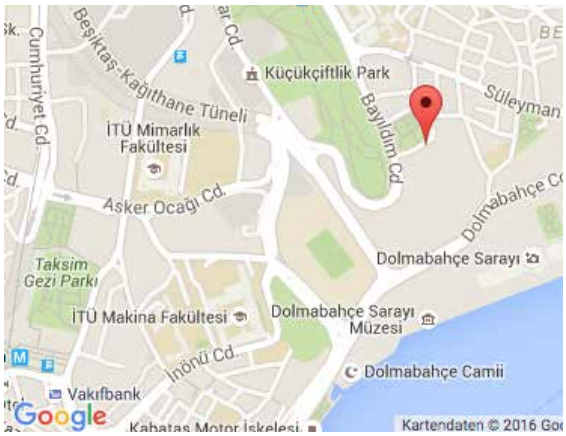


SWISSOTEL

CAFÉ

Vişnezade Mh., Acısu Sokağı No:17, 34357 Beşiktaş/İstanbul, Trukey
www.swissotel.com/hotels/istanbul

A nice hotel with a great terrace and an amazing view of the Bosporus.



THE SOFA HOTEL

SLEEP

Harbiye, Teşvikiye Cd. No:41, 34367 Şişli/İstanbul
www.thesofahotel.com

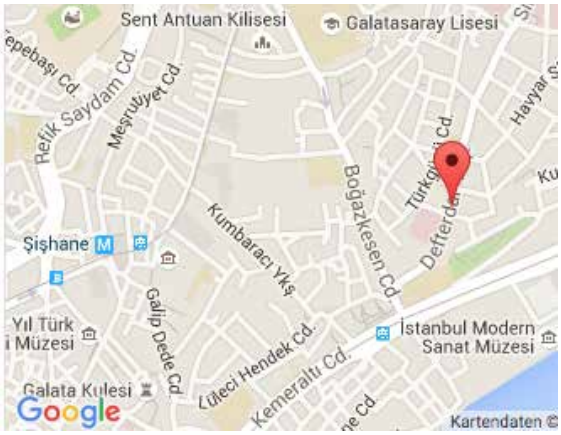
A perfectly located design hotel.

WITT ISTANBUL HOTEL

SLEEP

Kılıçali Paşa, Defterdar Ykş. No:26, 34425 Beyoğlu/İstanbul, Turkey
www.wittistanbul.com

Cozy and stylish rooms near the water and located in a hip neighbourhood.



THE HOUSE HOTEL

SLEEP

Firuzağa, Bostanbaşı Cd. No:16, 34425 Beyoğlu/İstanbul,
www.thehousehotel.com

Great hospitality and a luxurious interior.

SANDA TIRYAKI OCAKBASI

RESTAURANT

Kuruçeşme, İmar Sitesi, 34345 Beşiktaş/İstanbul, Turkey
www.sandatiryaki.com

This restaurant serves marvellous Turkish cuisine. In the summer you can enjoy their delicacies outside on the terrace, with a wonderful view over the Bosporus.

YENI LOKANTA

RESTAURANT

Tomtom, Kumbaracı Ykş. No:66, 34433 Beyoğlu/İstanbul, Turkey
www.lokantayeni.com

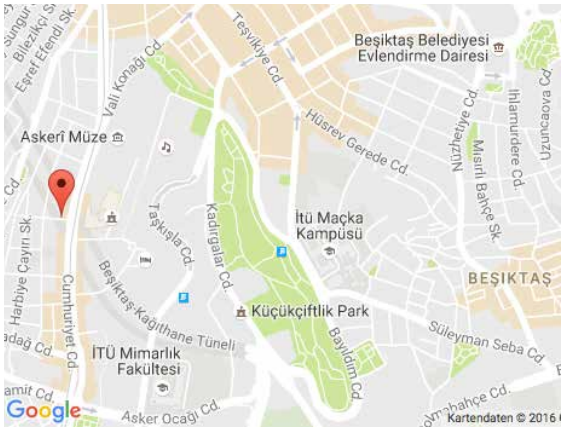
This beautiful little restaurant serves delectable, traditional cuisine with contemporary influences.

KLEIN

BARS & CLUBS

Ergenekon, Cebel Topu Sk. No:4, 34373 Şişli/İstanbul, Turkey
www.facebook.com/istanbulklein

Go deep at this fantastic deep house music club. Coming here is always a pleasure!



KLOSTER

BARS & CLUBS

Firuzağa, Bostanbaşı Cd. No:16, 34425 Beyoğlu/İstanbul
www.kloster.com.tr

Dance to the Minimal and Techno at this hip club.

KOÇO

RESTAURANT

Caferağa, Moda Cd. No:265, 34710 Kadıköy/İstanbul
kocorestaurant.net/www/default.asp

A nice fish restaurant with a large outdoor area.

FILIBE

RESTAURANT

Hoca Paşa, Hoca Paşa Sk. No:5, 34110 Fatih/İstanbul

Don‘t dismiss this place because of its looks; the food (especially the meatballs) is great!

FERAH FEZA

RESTAURANT

Kemankeş Karamustafa Paşa, Kemankeş Cd. No:31, 34425 Beyoğlu/İstanbul, Turkey
www. ferahfeza-ist.com/

A beautiful restaurant with an even better view. Perfect for fine dining!

ASMILI CAVIT

RESTAURANT

Asmalı Mescit, Asmalı Mescit Cd. No:16, 34430 Beyoğlu/İstanbul, Türkei

A ‚meyhane‘ is a typical Turkish restaurant. Very cozy, offering a nice small menu.

KARAKÖY LOKANTASI

RESTAURANT

Kemankeş Karamustafa Paşa, Kemankeş Cd. No:37, 34425 Beyoğlu/İstanbul, Turkey
www.karakoylokantasi.com/#_=_

Really tasty Turkish cuisine in a nice setting.

CIYA SOFRASI

RESTAURANT

Caferağa, Güneşli Bahçe Sk. No:50, 34710 Kadıköy/İstanbul, Turkey

This typical turkish restaurant is the big brother of Ciya Kebab and Ciya Kebab 2 which are located on the same street.

COLONIE

BARS & CLUBS

Kemankeş Karamustafa Paşa, Kemankeş Cd. No:85, 34425 Beyoğlu/İstanbul, Turkey
www.coloniekarakoy.com

A stylish restaurant, serving good drinks with great DJs on the weekends.

OFF PERA

BARS & CLUBS

Şht. Muhtar, Sakız Ağacı Cd. No:8, 34435 Beyoğlu/İstanbul, Turkey

A tiny location with a nice vibe and good music to dance to.

MITTE

BARS & CLUBS

Kemankeş Karamustafa Paşa, Baş Cerrah Sk. No:1, 34425 Beyoğlu/İstanbul, Turkey
www.facebook.com/Mitte-Karak%C3%-B6y-1604379576475562/?fref=ts

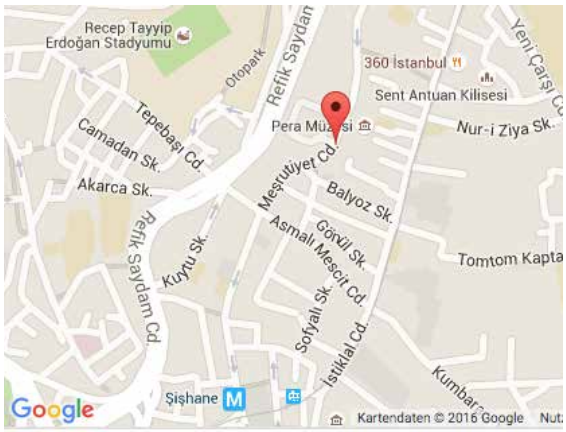
The perfect place to have an excellent dinner and fantastic drinks in a very hip and laid-back setting. The name is obviously inspired by the Berlin district Mitte where the owner lived for a few years.

NUPERA

BARS & CLUBS

Asmalı Mescit, Meşrutiyet Cd. 73-75, 34430 Beyoğlu/İstanbul, Turkey
www.nuteras.com.tr/

A nice rooftop bar where you can have your sundowner drink and enjoy an incredible view over the old city of Istanbul.

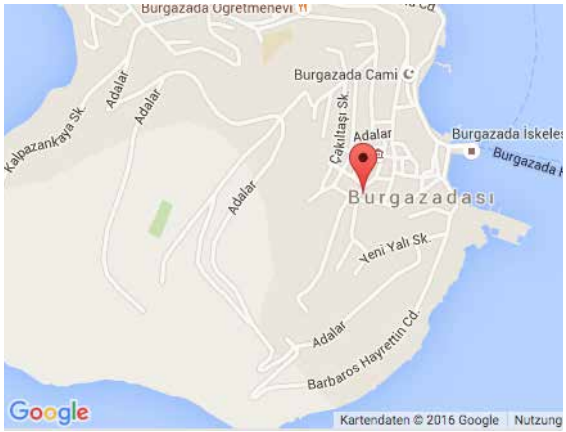


BURGAZADA

ESCAPE

Burgazada, Adalar, Burgazadası Mahallesi, Turkey

Tired of the city? Head to the wonderful island of Burgazada and take some time off.

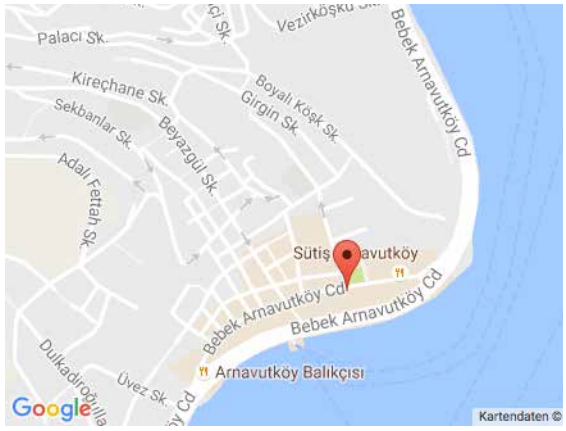


LUZIA

BARS & CLUBS

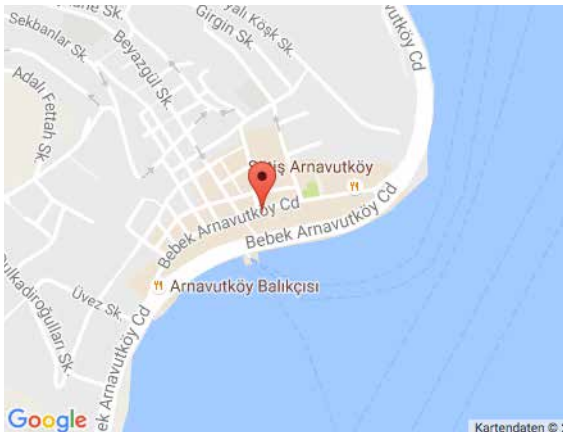
Arnavutköy Mahallesi, Bebek Arnavutköy Caddesi No:64, Beşiktaş/Istanbul, Turkey
www.facebook.com/luziaistanbul/?rf=813255892080561

Don't be frightened by the huge marble lion roaring at you when you enter this cool cocktail bar.



ALEXANDRA

BARS & CLUBS

Arnavutköy, Bebek Arnavutköy Cd No:50, 34345 Beşiktaş/İstanbul, Turkey
www.alexandracocktailbar.com

This district has come to life recently and one cool bar after another is opening up. Full of noteworthy hot spots, such as the Alexandra bar!