

NECTAR & PULSE®

LIFE IS A JOURNEY



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Nectar & Pulse is your number 1 source for curated travel and lifestyle tips.

We know your time is precious – we help you to make the most of it.

Let us take you on an intimate journey to our favourite neighbourhood deli or quaint vintage boutique. Dive into a vibrant art gallery, a hidden café, a delicious restaurant, a buzzing underground club or a secret beach. Go out and explore the world like you have never seen it before.

We love to follow **your** adventures!

Tag your favourite travel moments, people you meet or places you fall in love with.

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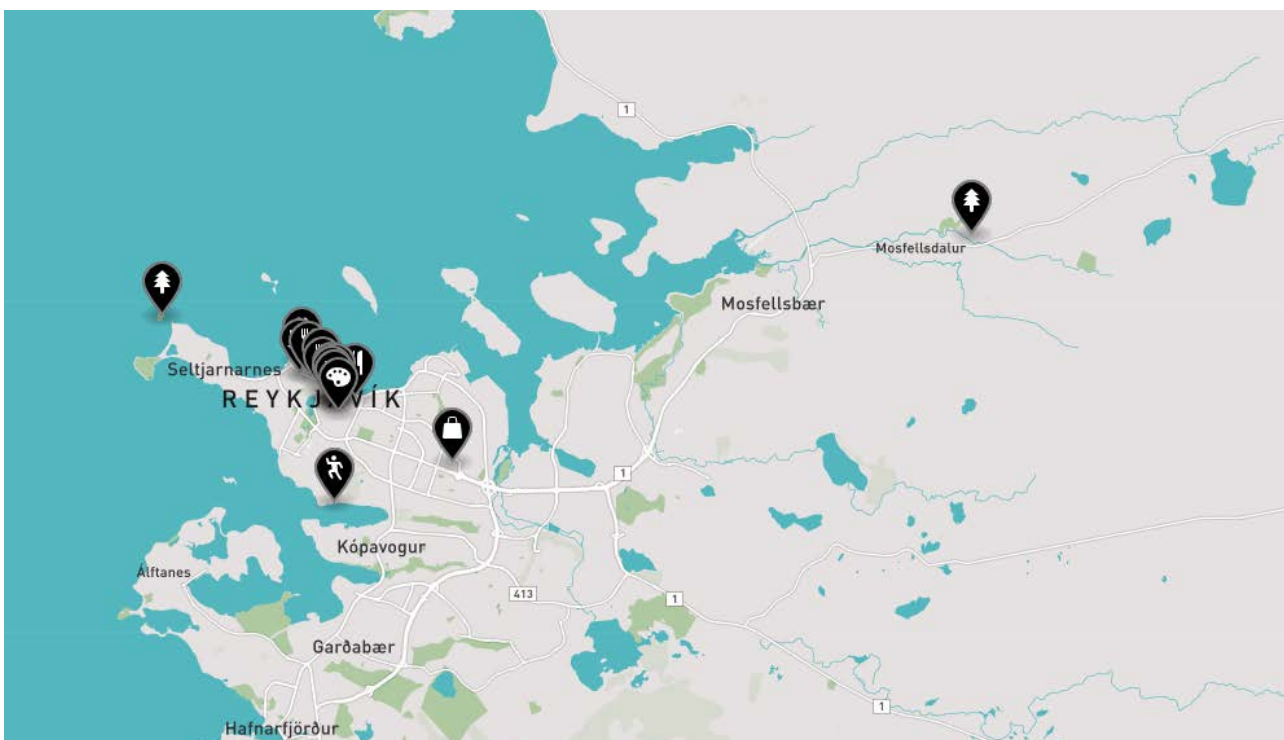
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24 HOURS IN

Reykjavik

BY ARNA VILBORG

Adventurer | Polar Explorer | Summiteer



MY PERFECT 24 HOURS IN REYKJAVIK

Mokka Kaffi is my favourite place for coffee in Reykjavík so obviously I would start a perfect day in the city right here. Especially around Christmas time this is such a lovely place to be. It was established in 1958 and it can actually be considered a pioneer, since this café was the first one in Iceland to have an espresso machine.

If the weather is nice and warm, I'd go to **Café Babalu**, which has a beautiful terrace that they open whenever the sun comes out. Here I love to savour their delicious crêpes.

Full up on delicious treats and with no clouds in the sky, it's time to get a view of Reykjavík from higher up. The church **Hallgrímskirkja** is not only worth seeing because of its unusual architecture, the highlight itself is the view which you have from the bell tower.

Heading on down on street level once more, there are a few shops in town that I would definitely pay a visit to, as they all sell very special items and clothes, many of them with a local background. You have **Insula** which is a tiny interior shop with wonderful, high-class decorative pieces such as blankets, scarves, candles and many more. Then there's **Geysir**, which offers many local fashion brands. I especially like what they have in store by the Icelandic brand "Farmers Market." My all time favourite however is **66 North**. It's perfect for me as I can clothe myself perfectly for all my adventures in nature with their Icelandic outdoor and functional clothing.

Having finished with shopping now, it's on towards the iconic building **Harpa**, which is home to both the Icelandic symphony orchestra and the Icelandic opera. Owing to its spectacular façade, designed by the artist Olafur Eliasson, it has become an architectural attraction and a new landmark of the capital.

Afternoon would have rolled around by now so I'd probably be craving some lunch at the **Kex Hostel**. This cute hostel was established inside an old cookie factory and it is a cosy place to have lunch at, or just to step by for a drink. Another great spot is **Gló** where they serve awesome vegetarian, vegan and gluten-free food. The fresh ingredients and the daily changing menu make it one of my favourite places to eat. If you're up for fish, go and have the best lobster soup at **Sea Baron**, located at the old harbour of Reykjavík. For dessert, **Valdis** has the most delicious ice cream. The sun in your face and ice cream in your hand, what else could you need?

Tired from walking all day long? **Icelandair Hotel Marina** is a nice place to take break, have a cup of tea and relax your legs.

For dinner I would go to **Grillmarket**. Ordering their "Tasting Menu" is a great way to try a bunch of Icelandic specialities at once – an extraordinary food experience!

Make sure you still have enough energy left over to check out some clubs and bars, as there are some truly legendary ones in Reykjavík. **Kaldi Bar** is more on the cosy side with local beer and piano music. **Kaffibarinn** is rather small, but don't let that deter you, because the vibes here and the music they play are great, and it's kind of an attraction of the city.

Some more recommendations to make the most out of your Reykjavík stay: Enjoy the best sunset view from the **Grotta lighthouse**. Have an "Einstök," a local craft beer, and Skyr, a traditional Icelandic dairy product high in protein. Maybe not together though :) A very relaxing place to take a break at are the hot springs of **Nauthólsvík**. A ride on horseback through the lush nature at **Laxnes horse farm** can be just as soothing though.

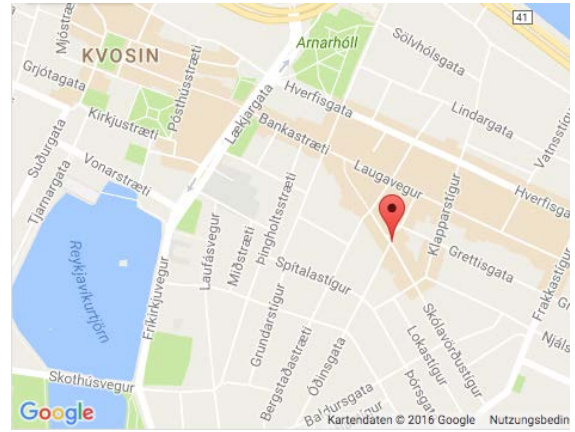
*Enjoy exploring,
Arna*

MOKKA KAFFI

CAFÉ

Skólavörðustígur 3a, Reykjavík, Iceland
www.mokka.is/Mokka/Mokka-Kaffi.html

Iceland was introduced to its first coffee machine here.

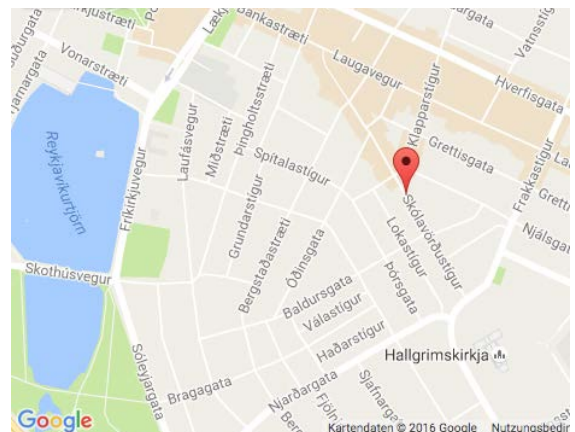


CAFÉ BABALU

CAFÉ

Skólavörðustígur 22, Reykjavík, Iceland
www.sites.google.com/a/babalu.is/babalu

Great for sunny days and crêpe lovers.

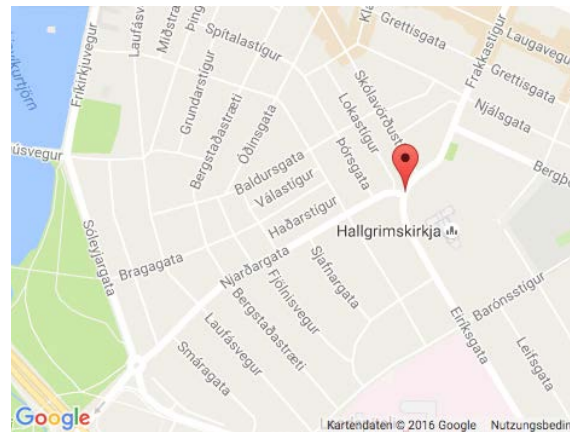


HALLGRÍMSKIRJA

ARTS & CULTURE

Eiríksgrata, 101 Reykjavík, Iceland

Best view over the city.

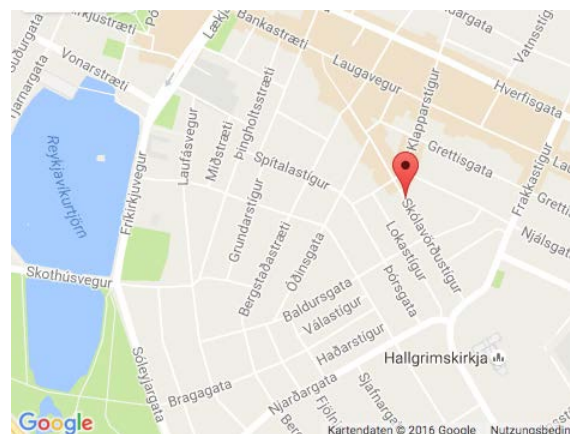


INSULA

SHOP

Skólavörðustígur 21a, Reykjavík, Iceland
www.insula-islandia.com

Colourful and super cool accessories for your home.



GEYSIR

SHOP

Skólavörðustígur 16, Reykjavík, Iceland
www.geysir.com

Beautiful fashion from Icelandic brands.

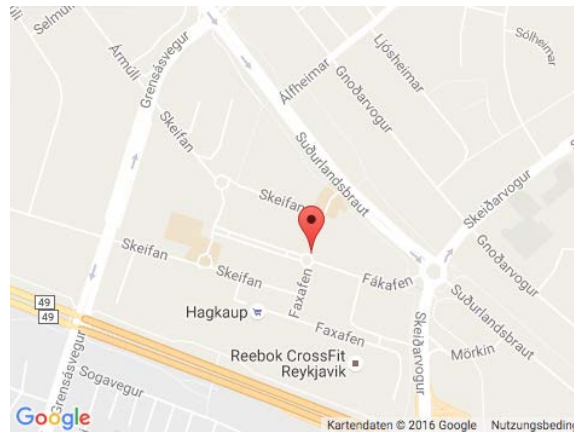


66 NORTH

SHOP

Faxafen 66, Reykjavík, Iceland
www.66north.com/stores/flagship-stores

The best flagship store for everything you need when exploring the great outdoors.

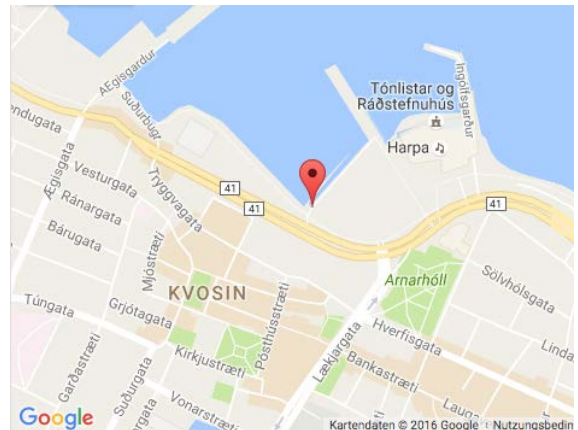


HARPA

ARTS & CULTURE

Austurbakki 2, Reykjavík, Iceland
www.en.harpa.is

An incredible cultural and architectural centre, hosting concerts, plays and other events throughout the year.

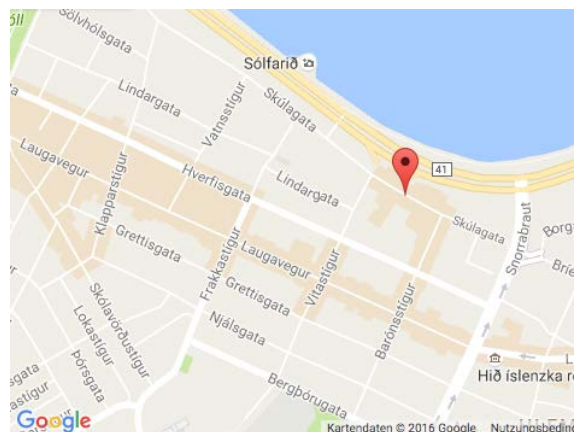


KEX HOSTEL

RESTAURANT

Skúlagata 28, Reykjavík, Iceland
www.kexhostel.is

The hostel is located in an old biscuit factory (Kex = biscuit) and has a very lovely café/restaurant inside.

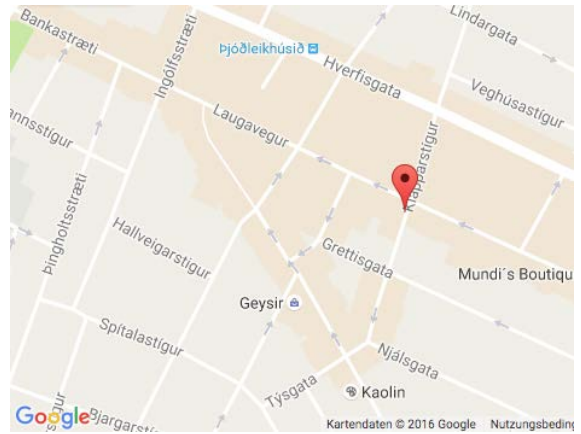


GLÓ

RESTAURANT

Klapparstígur, 101 Reykjavík, Iceland
www.glo.is

Conscious and healthy eating at the Gló restaurant; it is all vegetarian, vegan and/or gluten-free.

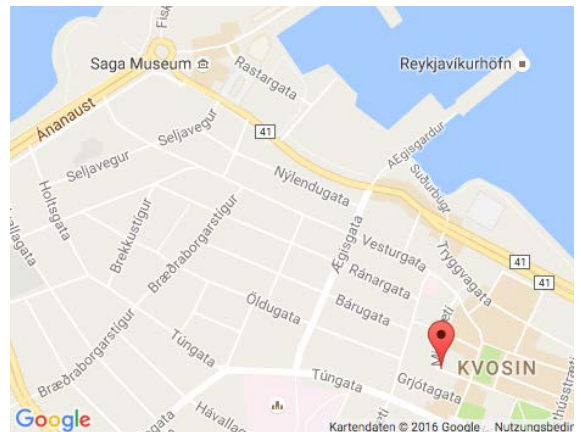


SEA BARON

RESTAURANT

Sægreifinn, Tryggvagata, Reykjavík, Iceland
www.sægreifinn.is

Here's where you get the greatest lobster soup there is!

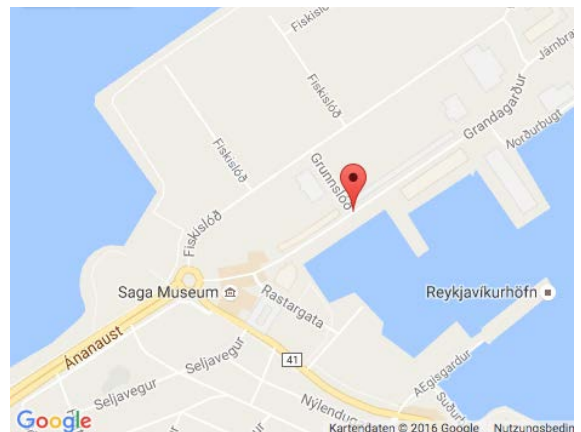


VALDIS

SWEETS

Grandagarður, Reykjavík, Iceland
www.valdis.is

Delicious ice cream.

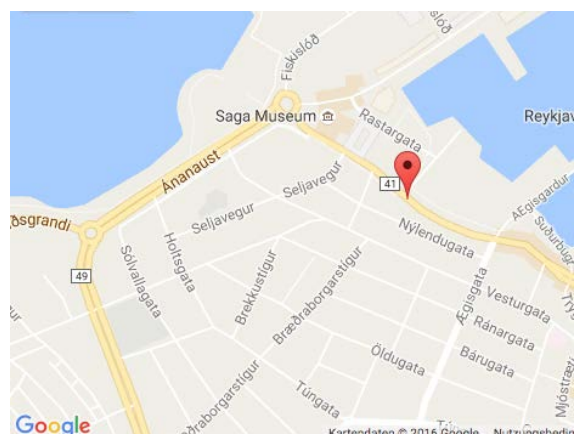


ICELANDAIR HOTEL MARINA

CAFÉ

Mýrargata 2, Reykjavík, Iceland
www.icelandairhotels.com/de/hotels/marina

Cosy place to have your afternoon tea and take a break from a long day of walking.

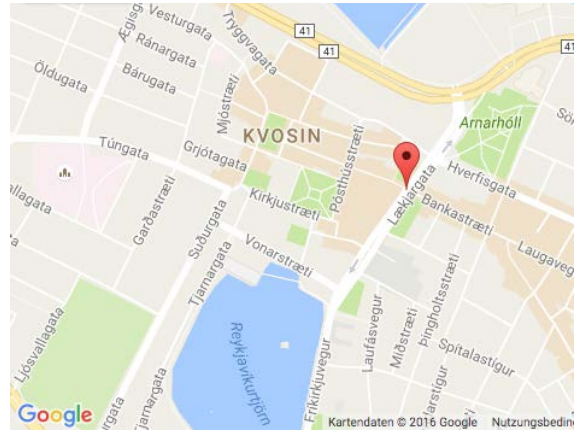


GRILLMARKET

RESTAURANT

Lækjargata 2a, Reykjavík, Iceland
www.grillmarkadurinn.is

Chic wooden interior. Serves delicious burgers and Icelandic specialities.

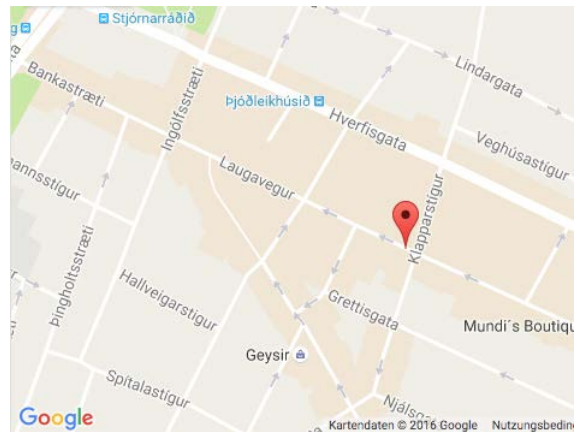


KALDI BAR

BARS & CLUBS

Laugavegur 20b, Reykjavík, Iceland
www.kaldibar.com/#icelandicmicrobrewery

A very traditional pub offering their own brewed beer and decent soul food.

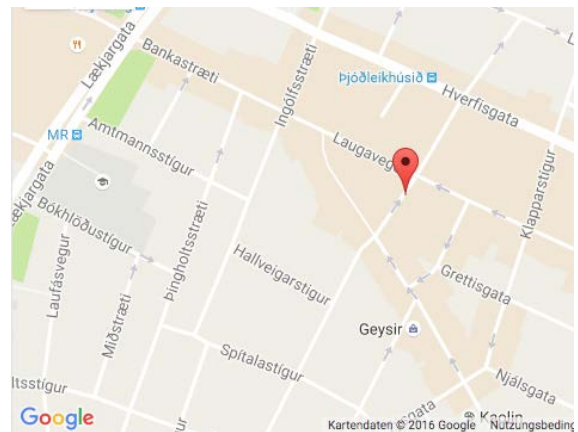


KAFFIBARINN

BARS & CLUBS

Bergstaðastræti 9a, 101 Reykjavík, Iceland
www.facebook.com/kaffibarinn

A cosy bar with a wholly unique bohemian atmosphere.

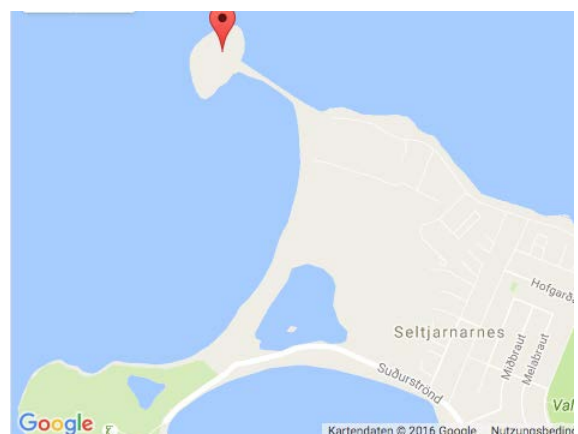


GROTTA LIGHTHOUSE

ESCAPE

Grótta, Seltjarnarnes, Reykjavíks storstadsområde, Iceland

From here you'll have the most fabulous view of the sunset.



NAUTHÓLSVÍK

FITNESS & HEALTH

Nautholsvik Geothermal Beach

www.nautholsvik.is/desktopdefault.aspx/tabid-715

Relaxing hot springs in a beautiful setting.



LAXNES HORSE FARM

ESCAPE

Þingvallavegur, Mosfellsdalur, Iceland

www.laxnes.is

Friendly family-owned horse farm where you can book a horseback riding tour through the nature of Iceland.

