

NECTAR & PULSE®

LIFE IS A JOURNEY



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We know your time is precious – we help you to make the most of it.

Let us take you on an intimate journey to our favourite neighbourhood deli or quaint vintage boutique. Dive into a vibrant art gallery, a hidden café, a delicious restaurant, a buzzing underground club or a secret beach. Go out and explore the world like you have never seen it before.

We love to follow **your** adventures!

Tag your favourite travel moments, people you meet or places you fall in love with.

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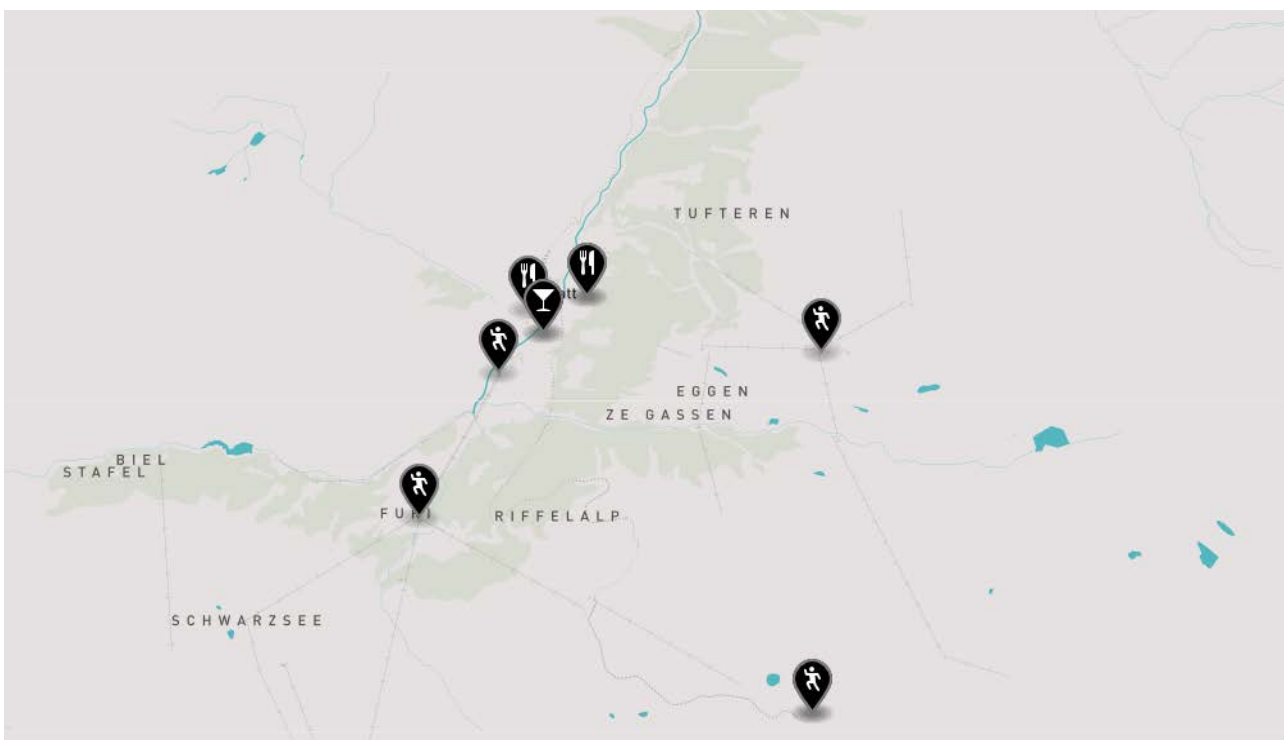
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24 HOURS IN

Zermatt

BY ROMINA LEMMERT & PATRICK AUBERT DE LA RUE

Mountain Aficionados | Outdoor Enthusiasts | Digital Natives



OUR PERFECT 24 HOURS IN ZERMATT

8 o'clock, the alarm clock goes off and we two early birds jump out of bed to get our blood pumping for our pre-breakfast ride on the **Gornergrat**. The trail has a good flow and is the perfect workout to start the day in nature. 19.7 kilometres lead back to Zermatt over dirt roads and along alpine meadows and lakes - it is simply beautiful! If you want a slightly easier trail, take the cable car up and hop on the **Schwarzsee trail**. This one is about 13 km long and manageable for kids eight years old and up.

After returning to the valley it's time for a delicious breakfast with traditional Swiss items like „Bündner Fleisch“ and lots of good cheese at our favourite breakfast spot, **Unique Hotel Post**.

To round off a lovely morning, we get a second cup of coffee to-go at **Stafelalp** mountain restaurant and take the so called „**Hobbit-Trail**“ back to Zermatt. The name comes from the striking resemblance to the New Zealand landscape.

The next task of the day, getting ready for - guess what - an after-breakfast ride! Yeah! We head into the mountains again to check out the best single trails in Switzerland. We highly recommend the **Europaweg trail** (which is quite demanding) or the more moderate **Blauherd trail**.

All of a sudden sunset is here - time flies when you're having fun - so we make our way to Zermatt's **Cervo Bar**. After a day full of sports, fresh air, and beautiful nature the best thing is to have a beer or a sundowner and enjoy the stunning views of the mountains - especially from the Matterhorn. Another cool spot for drinks (and chatting with locals about the upcoming weather or the best hiking trails) is **Papperla Pub**.

What we definitely need now is a nice dinner to refuel for tomorrow's adventures. At **Cervo Puro** we love to order the beef filet and Cervo fries with truffle oil. They have a great wine menu too - try the Dôle. The restaurant's interior has a cosmopolitan touch, without losing the feel of a cozy mountain chalet.

During winter time Zermatt is also an incredible destination for skiing. The best hotels to wake up near the slopes are the **Mountain Boutique Resort Cervo** and **Unique Hotel Post**. Cervo, is such a unique place to stay; they manage to perfectly combine an athletic atmosphere with sophisticated style, design, and service. Stay in one of their beautiful chalets and you'll have your own wellness area! At Unique Hotel Post you'll get chic alpine charm and a wide variety of delicious opportunities to eat and drink.

Check out our website for more information about biking in Zermatt.

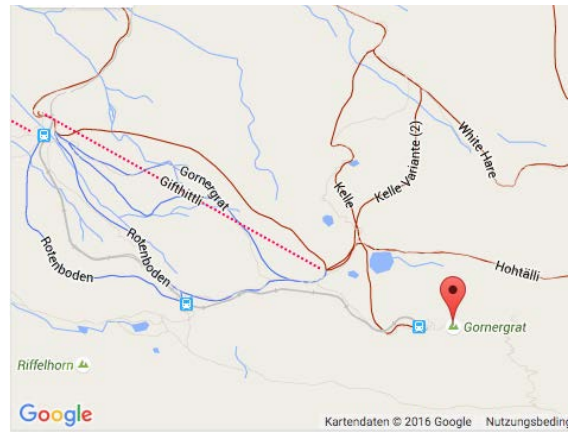
*Enjoy exploring,
Romina & Patrick*

GORNERGRAT TRAIL

FITNESS & HEALTH

Gornergrat, Zermatt, Switzerland

In 33 minutes the mountain railway takes you from Zermatt all the way up to Gornergrat, where you start the tough but incredibly beautiful bike trail.

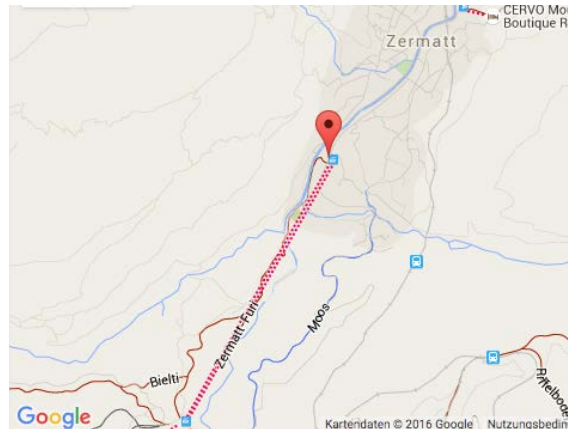


SCHWARZSEE TRAIL

FITNESS & HEALTH

Schlumattstrasse 60, 3920 Zermatt, Switzerland

The trail leading from Schwarzsee to Zermatt is quite an easy one, manageable for older kids.



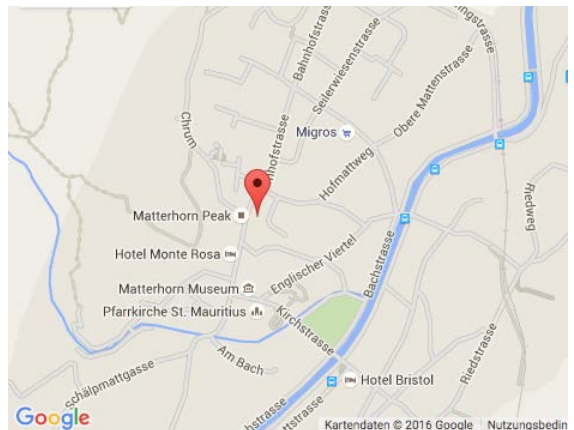
UNIQUE HOTEL POST

RESTAURANT

Bahnhofstrasse 41, Zermatt, Switzerland

www.hotelpost.ch

This breakfast buffet is full of delicious local and fresh products.



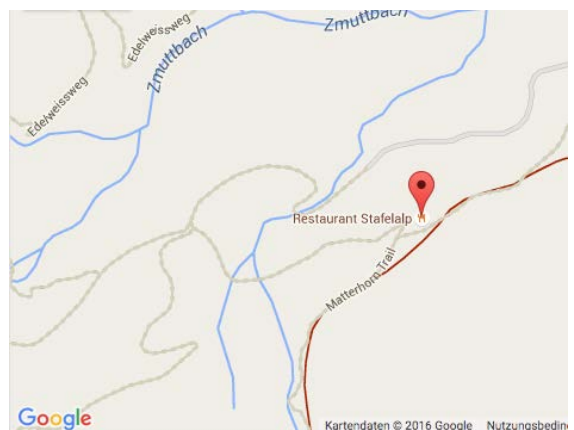
STAFELALP

RESTAURANT

Restaurant Stafelalp, 3920 Zermatt, Switzerland

www.julen.ch/de/stafelalp/willkommen

They have an amazing sun terrace where you can enjoy all kinds of typical Swiss delicacies.

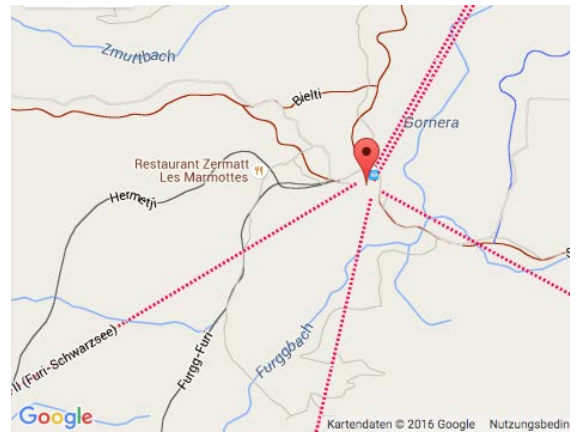


HOBBIT TRAIL

FITNESS & HEALTH

Bergstation Furi, Zermatt, Switzerland

The name „Hobbit Trail“ is inspired by the New Zealand-like nature that surrounds you here.

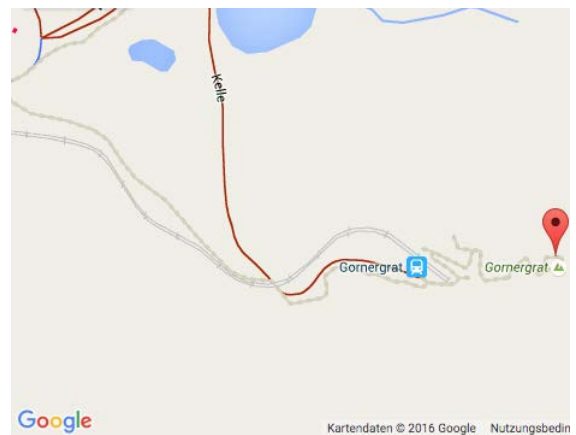


EUROPAWEG TRAIL

FITNESS & HEALTH

Gornergrat, Zermatt, Switzerland

The trail leads from the „Gornergrat“ to „Ranft“ and is about 27 km. Plan some time for it!

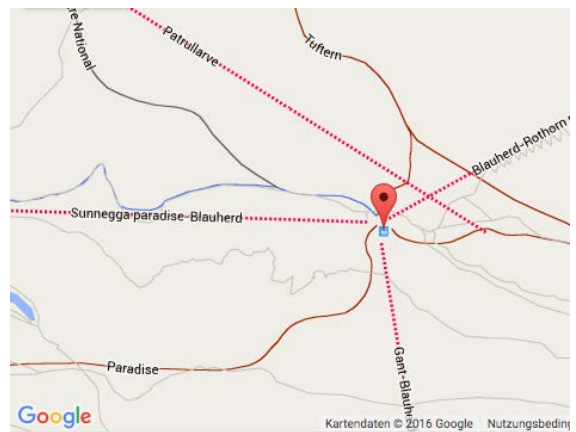


BLAUHERD TRAIL

FITNESS & HEALTH

Blauherd ZBAG-lsu, Zermatt, Switzerland

Another beautiful trail of medium difficulty.

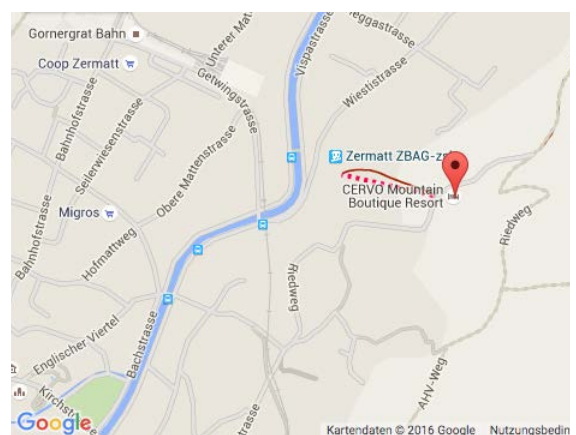


CERVO BAR

BARS & CLUBS

Riedweg 156, Zermatt, Switzerland

Have a refreshing drink at the bar/lounge at Mountain Boutique Resort Cervo.

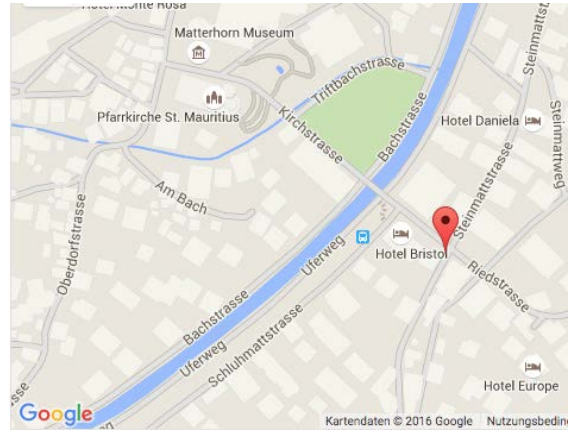


PAPPERLA PUB

BARS & CLUBS

Steinmattstrasse 36, Zermatt, Switzerland
www.julen.ch/de/papperla-pub/willkommen

This is the place to have a beer with the locals.

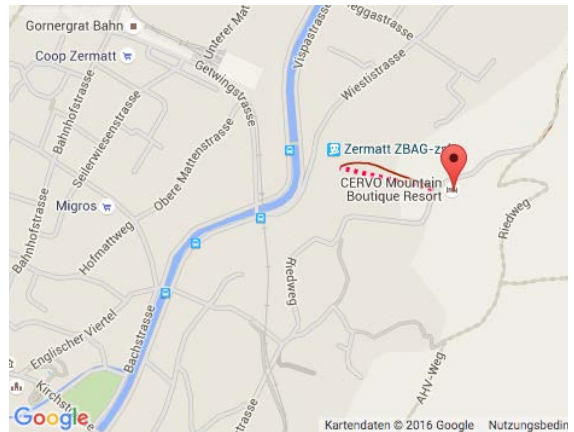


CERVO PURO

RESTAURANT

Riedweg 156, Zermatt, Switzerland

Their menu is a well-done mix of mountain cuisine and North Italian influences.



MOUNTAIN BOUTIQUE RESTORT CERVO

SLEEP

Riedweg 156, Zermatt, Switzerland

A unique place to stay! Check out their restaurant and bar/lounge.

