



Hello curious soul,

Nectar & Pulse is your number 1 source for curated travel and lifestyle tips.

We know your time is precious – we help you to make the most of it.

Let us take you on an intimate journey to our favourite neighbourhood deli or quaint vintage boutique. Dive into a vibrant art gallery, a hidden café, a delicious restaurant, a buzzing underground club or a secret beach. Go out and explore the world like you have never seen it before.

We love to follow **your** adventures!

Tag your favourite travel moments, people you meet or places you fall in love with.

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Have you already seen our other guides to Toronto, Zermatt, Ibiza, London, Iceland, Oman, Maldives ... ?

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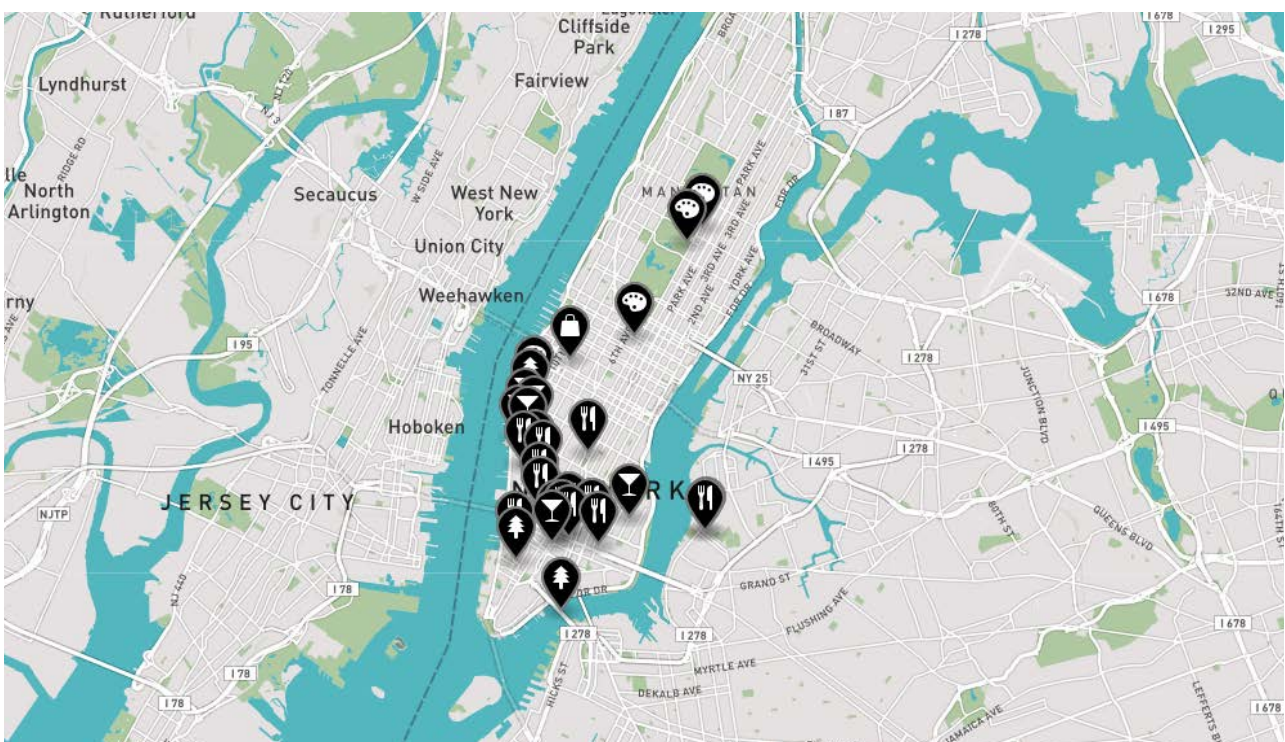
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## 24 HOURS IN *New York*

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**BY NELE KOESTLER**

Party Animal | Bundel of Energy | Achiever



## MY PERFECT 24 HOURS IN NEW YORK

The perfect 24 hours are the now. Go with the flow, meet people and experience the new. Cross your personal boundaries of the yet unexperienced. That's what makes the perfect 24 hours in NYC. This city is constantly changing, so expect the most and yet nothing specific. Just know this - it will be exceptional.

Start in Soho, Tribeca or the West Village. That's actually my favourite district, the **West Village**; it has the perfect mix of everything: nice architecture, little green parks, incredible restaurants for lunch and dinner, and enough hideaway spaces from the big city noise.

**Tribeca** is lovely for Sunday shopping and walking. You'll find yourself spending a whole day strolling around and discovering new and fancy cafés and shops of all kinds.

But back to the perfect day. Start with a lovely brunch and a Bloody Mary. **The Dutch**, **Café Gitane**, and **Schiller's Bar** (order a sandwich or one of their great burgers) are perfect for the start of the day.

Afterwards, stroll around and mingle with people in the dense streets or peek into a modern art gallery.

Visit the Upper East Side for the big museums like the **MET**, **Guggenheim**, and **MOMA**. Don't miss out on the Saatchi Gallery NYC either.

Grab lunch at the **Wythe Hotel** or **Bar Pitti** (awesome Italian pasta). Make a reservation and sit outside on a sunny Saturday. If it's cloudy, **Café Select** is a good option. You might also like the slow vegetarian food at **the Butcher's Daughter** or a hangover-cure sandwich at **Joseph Leonard**.

If you want a nice view of the Manhattan skyline head to Brooklyn or Williamsburg via the Manhattan or the **Brooklyn Bridge**. Enjoy a Brooklyn flea markets on weekends or the **Annex Market** in Hell's Kitchen.

Before you start your night, sip a sundowner at the **Boom Boom Room**, where the bartenders can recommend a delicious cocktail and some kale chips before you head out for dinner at one of the many excellent restaurants in New York.

At the **Tartinery** be sure to order a variety of tartine and the chocolate fondant for dessert. Head to **The Spotted Pig** for Jay Z's best burgers, **Nobu** or **Blue Ribbon Sushi** for Japanese, or the brand new **ABC Kitchen** for American fusion. All great places places to stuff your face.

If you don't make it to the Boom Boom Room for a sundowner, check out other bars around the High Line in Chelsea or the **Soho House New York** - a few more cool options for an evening drink.

Most New Yorkers meet for pre-party drinks in one of the amazing apartments or lofts. Then they head out to **Output** in Brooklyn, **Baby Grand** in Manhattan, **Tao** or **Avenue**. Watch out for specials such as **Babel** or **Sleep no more!** It will be amazing!

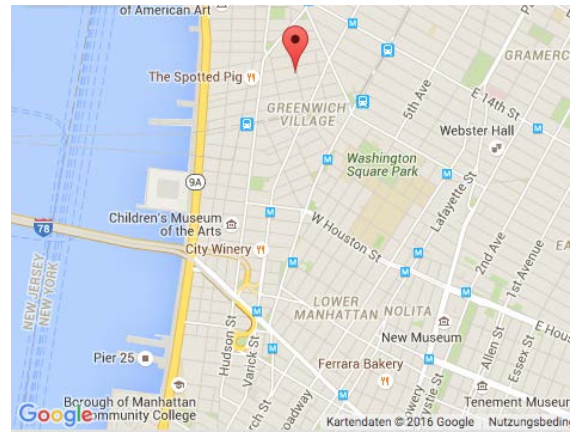
*Enjoy exploring,  
Nele*

## **WEST VILLAGE**

### **ESCAPE**

West Village, New York City, New York, USA

This district contains just the right mix.

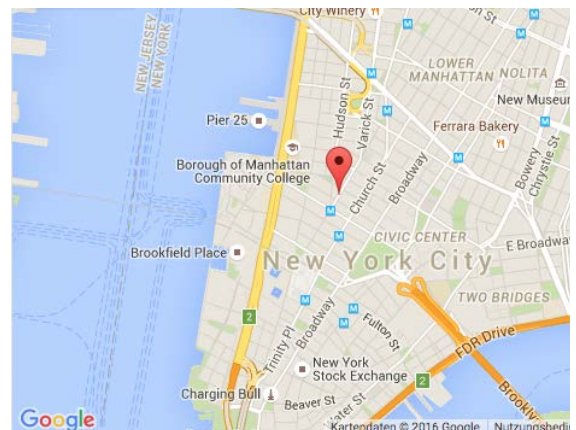


## **TRIBECA**

### **ESCAPE**

Tribeca, New York City, New York, USA

A constantly-evolving district, where a new store or café is always popping up.



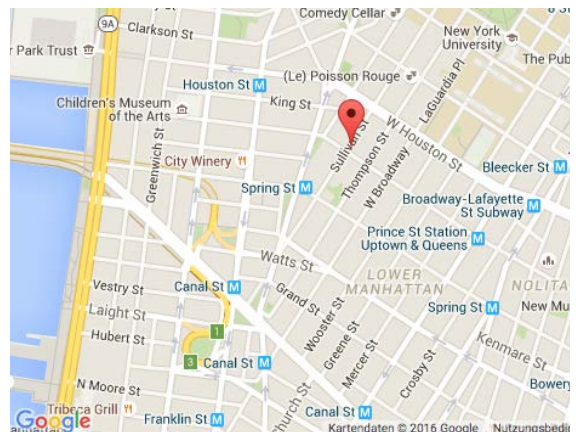
## **THE DUTCH**

### **RESTAURANT**

131 Sullivan Street, New York City, New York, USA

[www.thedutchnyc.com](http://www.thedutchnyc.com)

Lovely brunch place.



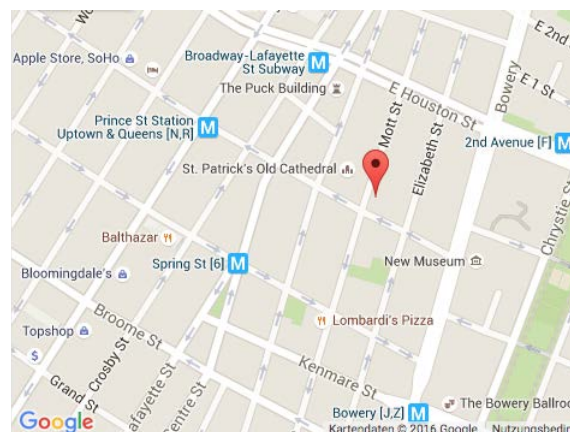
## **CAFÉ GITANE**

### **CAFÉ**

242 Mott Street, New York City, New York, USA

[www.cafegitanenyc.com](http://www.cafegitanenyc.com)

A French style coffee place.





## **SCHILLER'S BAR**

### **RESTAURANT**

131 Rivington Street, New York City, New York, USA  
[www.schillersny.com](http://www.schillersny.com)

Laid-back lunch spot offering delicious sandwiches and burgers.

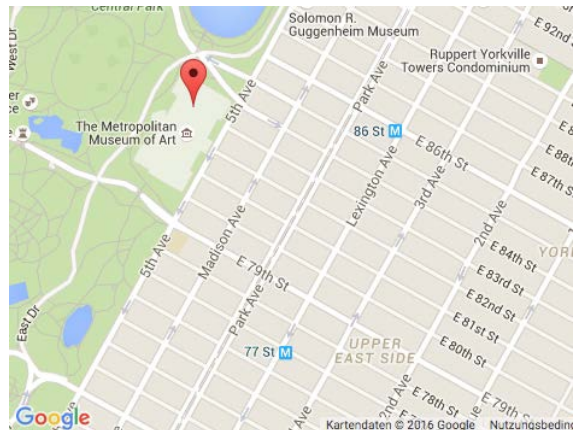


## **METROPOLITAN MUSEUM OF ARTS**

### **ARTS & CULTURE**

1000 5th Avenue, New York City, New York, USA  
[www.metmuseum.org](http://www.metmuseum.org)

Art from around the world.



## **GUGGENHEIM MUSEUM**

### **ARTS & CULTURE**

1071 5th Avenue, New York City, New York, USA  
[www.guggenheim.org](http://www.guggenheim.org)

Worth a visit for the architecture alone.

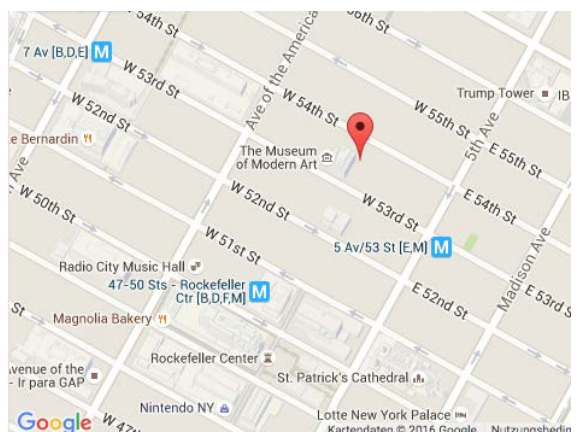


## **MOMA**

### **ARTS & CULTURE**

11 W 53rd St, New York City, New York, USA  
[www.moma.org](http://www.moma.org)

The beautiful Museum of Modern Art housing the incredible Saatchi Gallery.



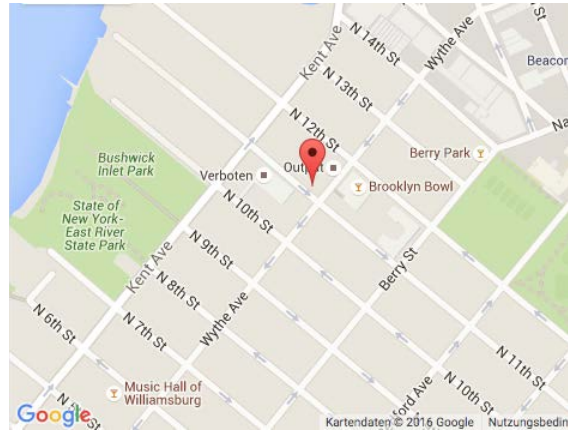
## **WYTHE HOTEL**

### **RESTAURANT**

80 Wythe Avenue, Brooklyn, New York, USA

[www.wythehotel.com](http://www.wythehotel.com)

Sleep, eat, drink, and enjoy the view on the waterfront from this hotel.

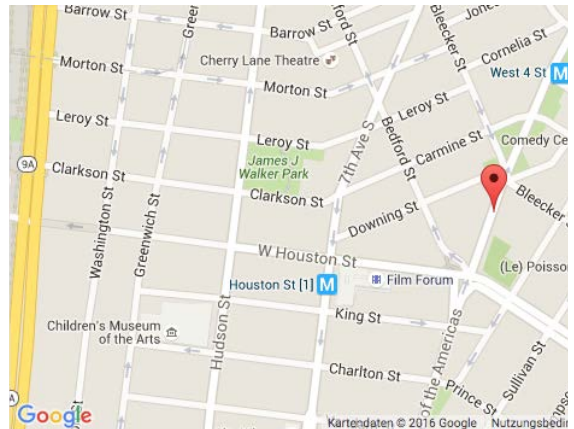


## **BAR PITTI**

### **RESTAURANT**

268 Ave Of The Americas, New York City, New York, USA

Italian cuisine at its best.



## **CAFÉ SELECT**

### **CAFÉ**

212 Lafayette Street, New York City, New York, USA

[www.cafeselectnyc.com](http://www.cafeselectnyc.com)

Cozy and lovely interior - a great spot for a rainy day.



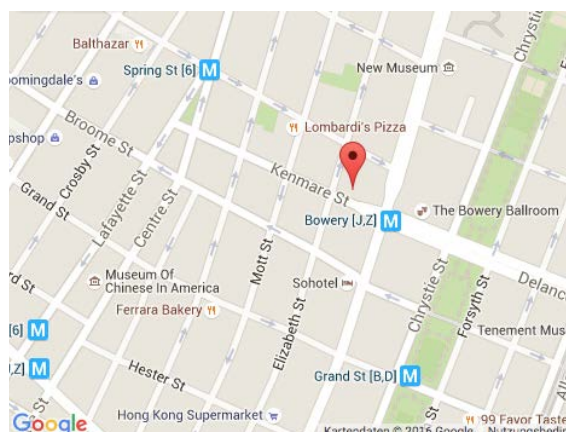
## **BUTCHER'S DAUGHTER**

### **RESTAURANT**

19 Kenmare Street, New York City, New York, USA

[www.thebutchersdaughter.com](http://www.thebutchersdaughter.com)

All green, vegetarian, healthy, and stylish.





## **JOSEPH LEONARD**

### **RESTAURANT**

170 Waverly Place, New York City, New York, USA  
[www.josephleonard.com](http://www.josephleonard.com)

Hearty food in a warm and cozy place.

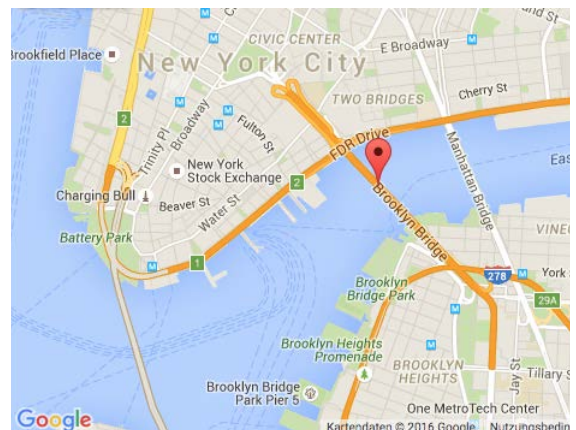


## **BROOKLYN BRIDGE**

### **ESCAPE**

Brooklyn Bridge, New York City, New York, USA

Enjoy a view of the city skyline from here or from the Manhattan Bridge.

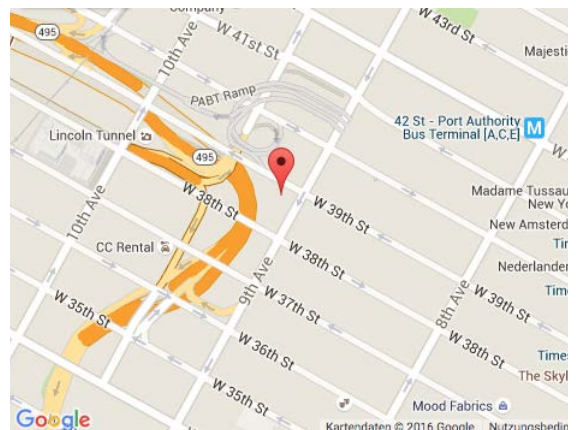


## **ANNEX MARKET**

### **SHOP**

519 9th Avenue, New York City, New York, USA  
[www.annexmarkets.com](http://www.annexmarkets.com)

A cool flea market where you can bargain for vintage pieces and antiques.

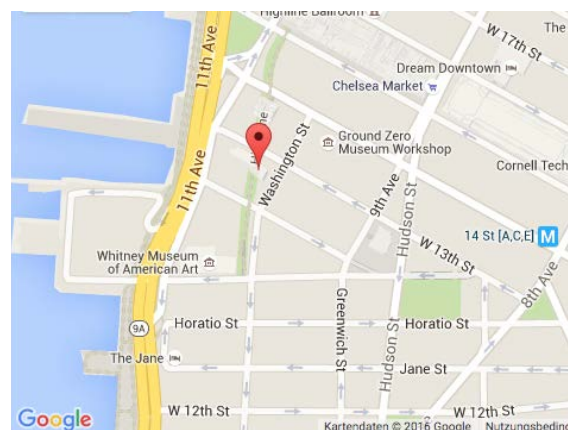


## **BOOM BOOM ROOM**

### **BARS & CLUBS**

848 Washington Street, New York City, New York, USA  
[www.standardhotels.com/#\\_=\\_](http://www.standardhotels.com/#_=_)

The Standard Hotel's great rooftop bar.



## **TARTINERY**

### **RESTAURANT**

209 Mulberry Street, New York City, New York, USA  
[www.tartinery.com](http://www.tartinery.com)

Many little delicacies to share.

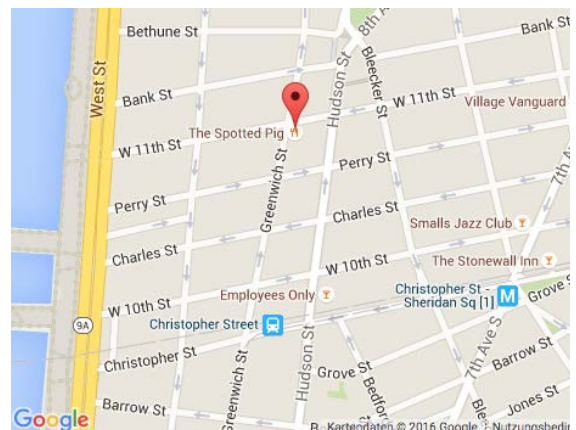


## **THE SPOTTED PIG**

### **RESTAURANT**

314 W 11th St, New York City, New York, USA  
[www.thespottedpig.com](http://www.thespottedpig.com)

Burger heaven.



## **NOBU**

### **RESTAURANT**

105 Hudson Street, New York City, New York, USA  
[www.noburestaurants.com](http://www.noburestaurants.com)

Japanese cuisine in Tribeca.

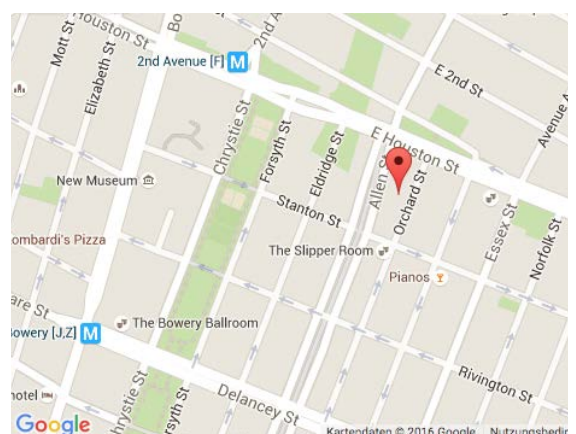


## **BLUE RIBBON SUSHI**

### **RESTAURANT**

187 Orchard Street, New York City, New York, USA  
[www.blueribbonrestaurants.com/restaurants/blue-ribbon-sushi-izakaya](http://www.blueribbonrestaurants.com/restaurants/blue-ribbon-sushi-izakaya)

Best sushi place. Go with a big group of people.



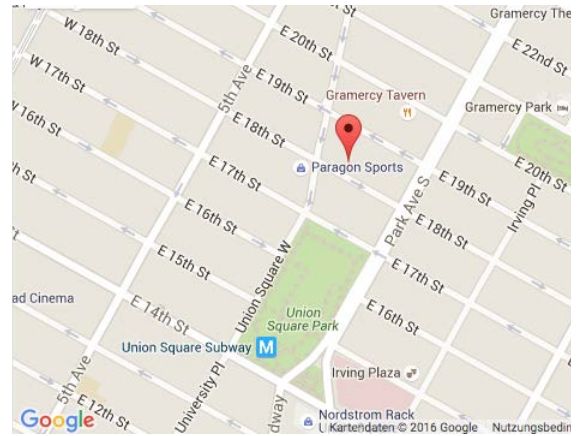


### **ABC KITCHEN**

#### **RESTAURANT**

35 E 18th St, New York City, New York, USA  
[www.abchome.com/eat/abc-kitchen](http://www.abchome.com/eat/abc-kitchen)

Farm-to-table concept in a beautiful location.

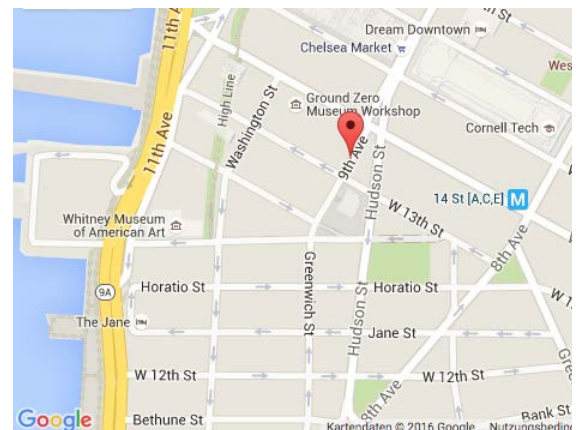


### **SOHO HOUSE NEW YORK**

#### **BARS & CLUBS**

29-35 9th Ave, New York, NY 10014, USA  
[www.sohohouseny.com](http://www.sohohouseny.com)

The Soho House is an exceptional experience in every way.

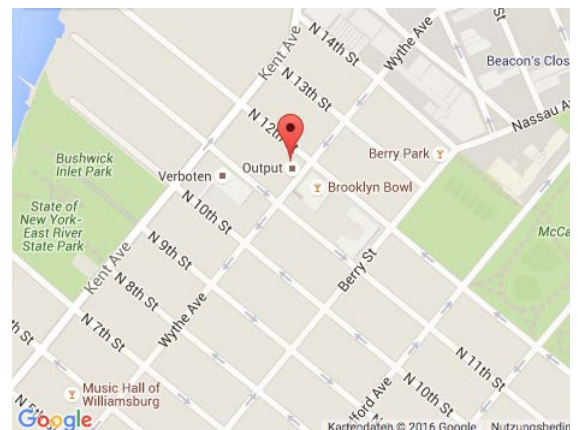


### **OUTPUT**

#### **BARS & CLUBS**

74 Wythe Avenue, Brooklyn, New York, USA  
[www.outputclub.com](http://www.outputclub.com)

Buy a ticket in advance to make sure you don't miss this cool club on a night out.

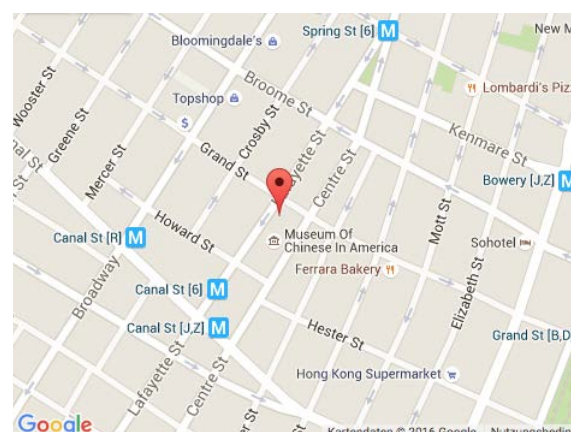


### **BABY GRAND**

#### **BARS & CLUBS**

161 Lafayette St, New York City, New York, USA  
[www.babygrandnyc.com](http://www.babygrandnyc.com)

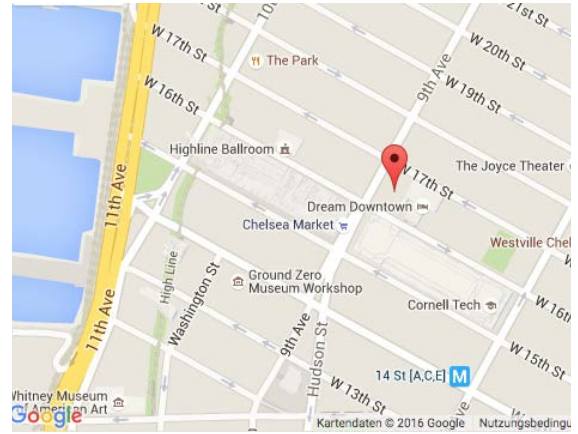
Karaoke night!





## BARS & CLUBS

A chic and cool Asian-style nightclub.



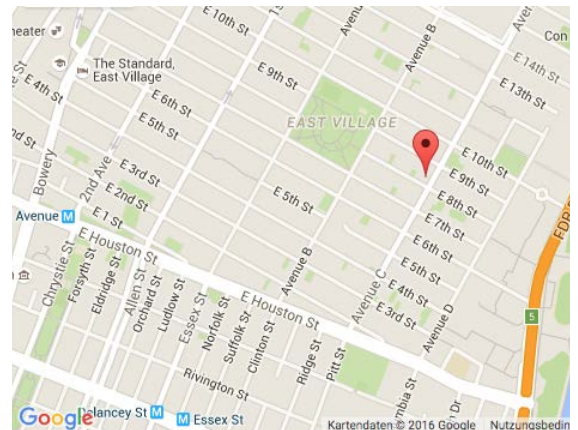
## BARS & CLUBS

This is where celebrities party.



## BARS & CLUBS

Catchy beats in a creative and special environment.



## ARTS &amp; CULTURE

Site-specific, interactive theatre, in a 1930s-era establishment.

