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LIFE IS A JOURNEY



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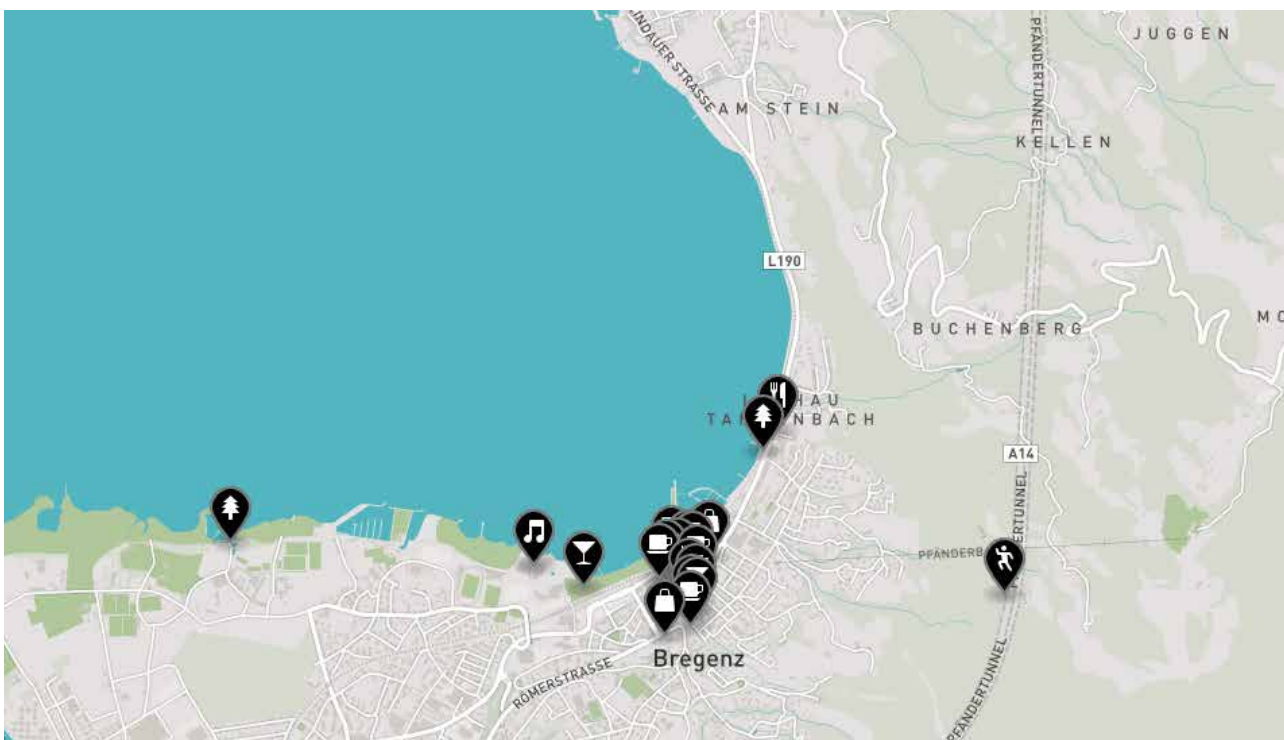
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24 HOURS IN

## Bregenz

**BY PATRICIA ERNE**

Poet | Skipper | Juggler of words



## MY PERFECT 24 HOURS IN BREGENZ

A perfect day for me starts with coffee at the tiny, artsy and wonderfully cute coffee shop **Cafesito**. Afterwards, I head down to the shore of Lake Constance for a delicious breakfast at the café **Milchpilz**: the small house is built in the style of a giant mushroom and looks very charming. There are only four of these iconic mushroom houses left in Austria and we are lucky to have one in Bregenz! They have the best and freshest milkshakes ever on offer (homemade, of course). Insider tip: Get yourself a 'Käsesemmel'— they're great!

Then it's time for a refreshing dive off the springboard of the **Mili** into the lake; this is one of the oldest wooden public baths in Europe. After a while, I feel like walking for a bit and so I leave the Mili and take a walk up the **Pfänder**, our local mountain. Don't necessarily take the standard route, wander into the wilderness a little and discover 'unofficial' paths and tracks. Whatever you go for, in the end you will reach your goal—the peak of the Pfänder. During the hike you will be generously gifted with stunning views over the whole of Lake Constance.

Oh, I forgot: get yourself a good book before you start hiking. The best books can be purchased at the local bookstore **Brunners Buchhandlung**, one of the finest bookstores in town. You will be happy you followed my advice, because on the way up, you will find lovely small meadows, perfect for relaxing and reading!

Around noon, it's time for some excellent soul food at the **KUB Café**, which was created and designed by the famous architect Peter Zumthor, and which is situated near the **Kunsthhaus**. Make sure you check out the current exhibition dates and artists, as we sometimes have stars of the scene here. The KUB-Café's staff is a delightful, slightly crazy bunch of food porn lovers.

With a stomach full of food and a heart full of joy, I usually can't help myself from stopping by **4D Outfitters**. This store, run by Wolfgang and Giovanni, is the epitome of what a concept store should be. High-end fashion labels, furniture, jewellery, interior, music or curious little gifts—I always find something here. And even if I don't, I'll just enjoy a chat with these two fascinating globetrotters. Oh, the wonderful stories they have to tell! Another beautiful shop is **Römer VII**, which sells all kinds of wonderful products made by high-end manufacturers from Austria, France and Italy. Lush porcelain, rich cosmetics and other decidedly posh guilty pleasures.

With lunch and a little bit of shopping out of the way, it's time for me to take my bicycle, ride along the Pipeline (a local section of the beach) to the **Beachbar** at the Seeanlagen and sip a cocktail or two there before I drive to the **Suppersbach**, a tiny harbour in Bregenz. My destination: the old lighthouse in front of it. It's the perfect place to chill and it's a real insider tip. When I've had enough of the quiet, I ride back to downtown Bregenz to meet up with my friends and loved ones. We either get together at **Café Wunderbar**, the **Café Cuentler**, the **Lust Bar**, the **Buongustaio**, or the **Museumscafé**.

This perfect day is slowly coming to an end. You have done and seen a lot and all you need now is...? Right, some good pizza and a glass of wine. You'll want to go to **Il Monello** in that case, which is, in my opinion, the 'little Italy' of Bregenz. The owner—Michele—and his cooking skills are legendary around here. However, if you want to meet a real Bregenz old-timer, you should definitely visit Philipp's **Seehof**. He'll be offering you his homemade penne pasta with vodka—no joke—in no time, and he is usually dressed a little bit like a Brit.

Keep an eye on the clock because sunset is calling! A perfect day ends with me sitting on the 'sunset-stairs', watching the sun go down while listening to the sound of the **Bregenzer Festspiele**. This festival takes place in Bregenz every year in July and August (check the dates online). For the grand finale of the day: Get yourself and your loved one a bottle of wine and sit down just a few meters away from the stage. The atmosphere is always extraordinary!

If I am not too tired after all those wonderful activities, I'll go and shake it for a little at the **Neptun Bar** to round off this beautiful day in Bregenz.

*Enjoy exploring,  
Patricia*

## CAFESITO

CAFÉ

Maurachgasse 6, Bregenz, Austria

[www.cafesito.at](http://www.cafesito.at)

A cup of coffee and a cream cheese bagel from Cafesito is the way to start your day.

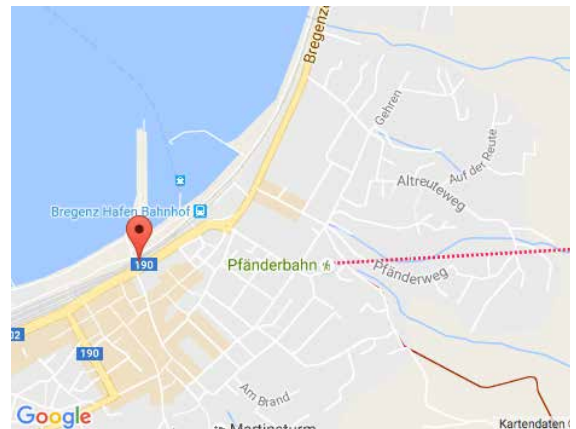


## MILCHPILZ

CAFÉ

Seestraße 1-2, 6900 Bregenz, Austria

The kiosks, shaped like giant mushrooms, are iconic symbols of the 50s and very cute to look at. This one sells fantastic milkshakes and more!



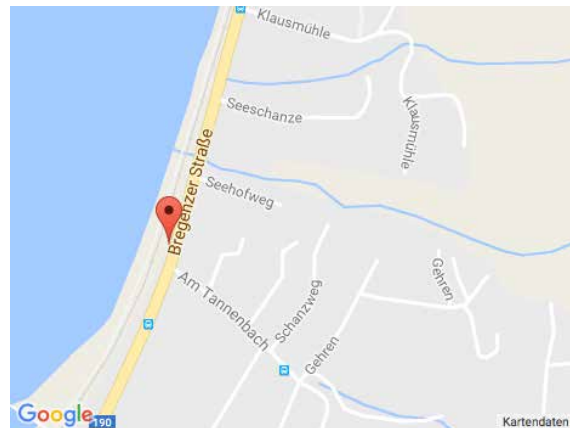
## MILI

ESCAPE

Bregenz Str. 64, 6900, Austria

[www.stadtwerke-bregenz.at](http://www.stadtwerke-bregenz.at)

This beautiful, ancient wooden bathhouse transports you back in time for a few hours. Relax in the sun, swim in the lake and enjoy the peaceful atmosphere, especially before noon.



## PFÄNDER

FITNESS & HEALTH

Pfänder, Bregenz, Austria

Hike up the Pfänder and enjoy the breathtaking view of the Bodensee (Lake Constance) from the summit.



## **BRUNNERS BUCHHANDLUNG**

SHOP

Rathausstraße 2, Bregenz, Austria  
www.brunnerbuch.at

Buy a beautiful book which will soothe relaxing hours even more!



## **KUB CAFÉ**

CAFÉ

Karl-Tizian-Platz 1, Bregenz, Austria  
www.kunsthhaus-bregenz.at

The fascinating design of architect Peter Zumthor and the lovely staff of the KUB Café make it a remarkable place, situated by the inspiring Kunsthhaus (house of art).



## **4D OUTFITTERS**

SHOP

Kornmarktstraße 7, Bregenz, Austria  
www.4dbregenz.at

A wonderful concept store with cool fashion and beautiful lifestyle products.



## **RÖMER VII**

SHOP

Römerstraße 7, Bregenz, Austria  
www.roemervii.at

Another concept store worth checking out. High-class fashion and other unique pieces that will make your life just that little bit more luxurious.



## BEACHBAR

BAR

Seepromenade 339/6, 6900 Bregenz, Austria

[www.facebook.com/BeachbarBregenz](https://www.facebook.com/BeachbarBregenz)

Sip on your cocktail, bury your feet in the sand, close your eyes and dream the day away...



## SUPPERSBACH

ESCAPES

Seglerweg 7, 6900 Bregenz, Austria

Walk to the lighthouse in the front, sit down and enjoy the peaceful solitude.



## CAFÉ WUNDERBAR

CAFÉ

Bahnhofstraße 4, Bregenz, Austria

[www.wunderbar.at](http://www.wunderbar.at)

Wunderbar means wonderful in German—'nuff said!



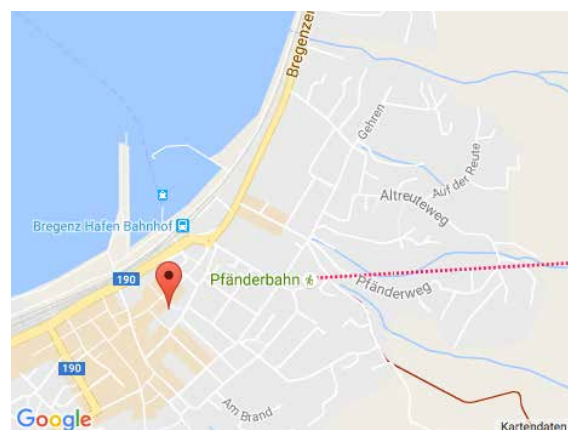
## CAFÉ CUENSTLER

CAFÉ

Kornmarktstraße 6, Bregenz, Austria

[www.cuenstler.at/home](http://www.cuenstler.at/home)

Located in the art district of Bregenz, this place is at once a great café and a cool bar.



## **LUST BAR**

### CAFÉ

Inselstraße 8, Bregenz, Austria  
[www.facebook.com/lustbregenz](http://www.facebook.com/lustbregenz)

I especially like the outdoor area of the Lust bar, where you sit next to palm trees and near the harbour of Bregenz.



## **IL MONELLO**

### RESTAURANT

Anton-Schneider-Straße 3, Bregenz, Austria  
[www.il-monello.at](http://www.il-monello.at)

The friendly owner, Michele, will make sure you're not having anything but a great time at his Italian restaurant.

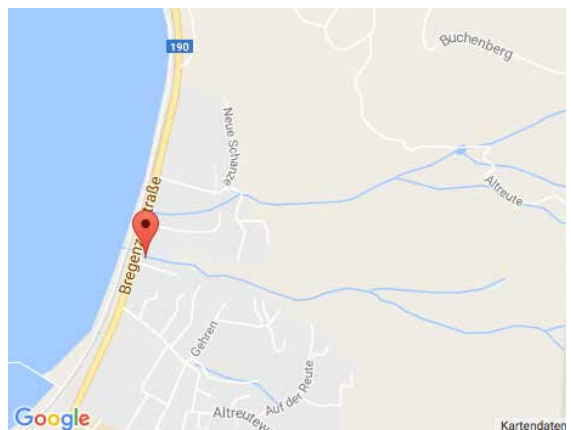


## **SEEHOF**

### RESTAURANT

Seehofweg 1, Lochau, Bregenz, Austria  
[www.seehofbregenz.at](http://www.seehofbregenz.at)

This wonderful restaurant is run by the passionate couple Andrea and Philipp Egger. It is right by to the lake, offering the perfect view as well as the perfect penne pasta with vodka (the signature dish of the house).



## **SEEBÜHNE**

### MUSIC

Platz der Wr. Symphoniker 1, Bregenz, Austria  
[www.bregenzfestspiele.com](http://www.bregenzfestspiele.com)

The renowned Bregenzer Festspiele—a classical music festival—takes place here every year during July and August. The impressive stage is located in the water, making for the most beautiful scenery imaginable.



## NEPTUN BAR

BAR

Deuringstraße 3, Bregenz, Austria

[www.neptun-bar.at](http://www.neptun-bar.at)

This is where the party gets started in Bregenz!



## KUNSTHAUS

ARTS & CULTURE

Karl-Tizian-Platz, Bregenz, Austria

[www.kunsthhaus-bregenz.at](http://www.kunsthhaus-bregenz.at)

The exhibitions of this museum are mostly aimed at past and contemporary topics in world affairs.



## MUSEUMSCAFÉ

CAFÉ

Kornmarktpl. 1, Bregenz, Austria

[www.vorarlbergmuseum.at](http://www.vorarlbergmuseum.at)

The Café of the Vorarlberg Museum is a beautiful spot to have a cup of coffee before/after enjoying some art.



## BUONGUSTAIO

CAFÉ

Anton-Schneider-Straße 10, Bregenz, Austria

[www.buongustaio.at](http://www.buongustaio.at)

A beautiful café/restaurant with delicious Italian dishes and coffee.

